



2022 SENIOR CROSS COUNTRY CHAMPIONSHIP
Belmont Plateau Park/Philadelphia
Sunny/65 degrees/dry

WOMEN 6,000 Meters

PLACE	NAME	CLUB	TIME
1	*MARIA SEYKORA	PHILADELPHIA RUNNER TC	23:07.6
2	ELLEN FERINGA	PHILADELPHIA RUNNER TC	24:03.1
3	STEPHANIE NG	PHILADELPHIA RUNNER TC	24:08.4
4	ELAINE ESTES	PHILADELPHIA RUNNER TC	26:18.6
5	CYNTHIA CUIULE	PHILADELPHIA RUNNER TC	26:24.5
6	KIM DIETRICK	GREATER PHILA TC	28:00.7
7	BRITTANY TSCHAEN	PHILADELPHIA RUNNER TC	30:26.4

WOMEN'S TEAM RESULTS

1ST PHILADELPHIA RUNNER TC 15 PTS

* Overall USATF Mid Atlantic Champion (\$50)

MEN 8,000 Meters

PLACE	NAME	CLUB	TIME
1	*JASON RICHWALL	PHILADELPHIA RUNNER TC	27:30.1
2	CHRISTOPHER MATEER	PHILADELPHIA RUNNER TC	27:30.8
3	DECLAN WALKUSH	PHILADELPHIA RUNNER TC	27:56.1
4	NICK CARDAMONE	PHILADELPHIA RUNNER TC	27:57.9
5	LUKE MEYERS	PHILADELPHIA RUNNER TC	28:26.3
6	KRIS LIZINS	PHILADELPHIA RUNNER TC	28:41.7
7	MATT KANE	PHILADELPHIA RUNNER TC	30:11.8
8	KEVIN BRANDON	PHILADELPHIA RUNNER TC	30:31.9
9	KEITH DAVIES	GREATER PHILA TC	35:24.6
10	STEVE SAWYER	GREATER PHILA TC	47:18.9

MEN'S TEAM RESULTS

1ST PHILADELPHIA RUNNER TC 15 PTS

*Overall USAF Mid Atlantic Champion (\$50)