



## 2022 USATF Mid-Atlantic Association Junior Olympic Cross Country Championships (Qualifier for 2022 USATF JOXC)

Sunday, October 30, 2022  
Germantown Academy, Fort Washington, PA, 19034

### Schedule:

- Course walk through is at 9 a.m.
- First race goes off at 10 a.m. - rolling starts.
- Separate races in each age group; girls race first, followed by the boys; (15-16 and 17-18 age groups will be combined).
- Packet & Bib Pick Up starts 9 a.m. - in Carey stadium.

### Registration & Deadlines:

- **Registration:** entry must be completed through Athletic.com [Click here](#) (all credit cards accepted).
- Entry Deadline: Wednesday, October 26 at 12:00 a.m. **(NO LATE OR RACE DAY ENTRIES).**
- Entry Fee: \$8.00 per athlete (team entries - no charge).
- Only online entries will be accepted **(NO MAIL-IN REGISTRATIONS).**
- Online waiver must be signed by the appropriate individual.

### Age Groups and Race Distances:

- |             |                    |
|-------------|--------------------|
| • 8 & Under | 2 km (1.24 miles)* |
| • 9 & 10    | 3 km (1.86 miles)* |
| • 11 & 12   | 3 km (1.86 miles)* |
| • 13 & 14   | 4 km (2.48 miles)* |
| • 15 & 16   | 5 km (3.1 miles)*  |
| • 17 & 18   | 5 km (3.1 miles)*  |

\*distances approximate

### Approximate Start Times:

- |                                    |
|------------------------------------|
| 10:00 a.m. girls / 10:15 a.m. boys |
| 10:30 a.m. girls / 10:50 a.m. boys |
| 11:10 a.m. girls / 11:30 a.m. boys |
| 11:50 a.m. girls / 12:15 boys      |
| 12:40 all girls and boys 15 - 18   |



### Teams and Team Scoring:

- Only registered USATF Mid-Atlantic member clubs may enter a team.
- All athletes representing the club must be affiliated with that club as part of their USATF membership.
- To enter a team, a club must complete the team entry/declaration process during online registration.
- Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National Championships.
- Eight (8) athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

**Course description:** Combination of grass fields, gravel and dirt paths, and some paved paths on rolling hills. Since there are paved surfaces, shorter to medium length spikes are appropriate but not mandatory.

### Meet Results:

- During competition, event results will be posted near the packet pickup area in Carey Stadium.
- Post-race, results will be posted within 72 hours on the USATF Mid-Atlantic website: [Click here](#)

**Awards:**

- USATF Junior Olympic medals will be awarded to the top 15 individuals in each age division/gender division\*. \*15-16 and 17-18 will race together. Individuals will still be awarded for finishing in their respective place within the 15-16 and 17-18 age groups. For team scoring the age groups will be combined and the top 10 will advance.

**Competition Bib Numbers:**

- All competitors must wear their assignment bib numbers during the competition, chest-high on front of their jerseys.
- Bib numbers will be distributed to athletes at the at registration table in the stadium.

**Eligibility Requirements:**

- Age Division - A competitor must compete in his/her age division only. Age divisions are determined by year of birth (see above) and NOT age on event day. There will be no "moving up".
- Date of Birth Verification - Each athlete's date of birth must be verified and included as part of their USATF member profile before the athlete's entry can be submitted. If the athlete's date of birth has been verified in the past and their membership renewed, then they will be able to submit their entry. Proof of Birth (copy of birth certificate, passport, certified baptismal record, drivers' license, or U.S. government identification) needs to be uploaded to the athlete's USATF CONNETCT profile. See USATF Competition Rules, Rule 300.1 (i) for further information. [Click here](#)
- USATF Youth Membership - this meet is open to 2022 USATF Mid-Atlantic Youth members athletes who fall within the age division listed above. Memberships can be obtained [here](#)
- Citizenship - Only U.S citizenships, aliens living in the United States and foreign exchange students are eligible or compete in these Championships.
- See the USATF Rules for more information and exceptions. [Click here](#)

**Advancement to the USATF National Junior Olympic Cross Country Championships:**

- The Region 2 XC meet is canceled. Athletes will be advanced directly to the National meet.
- Top 15 individuals and top 2 teams from the Association Meet advance to the [USATF National Youth XC Championships](#) on Saturday, December 10 at College Station, TX

**Protests:**

- Protests relating to matters which developed during the conduct of the competition must be made to the Referee at once and no later than one hour after a result has been announced.
- The fee to file a protest is \$50. The fee will be returned if the protest is upheld.
- Please note under USATF Rule 119.4 when considering the use of video/photo footage for protests.

**For questions or concerns please contact the Race Director, Paul Montini at: [youth@midatlantic.usatf.org](mailto:youth@midatlantic.usatf.org)**

**Directions and Parking for Carey Stadium at Germantown Academy:**

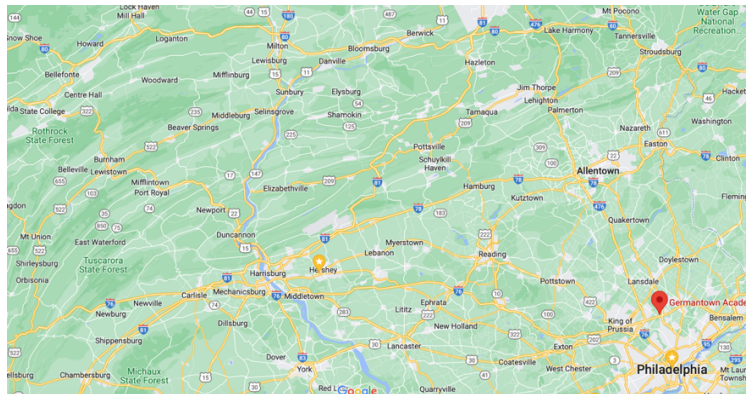
Carey Stadium

300 Morris Road

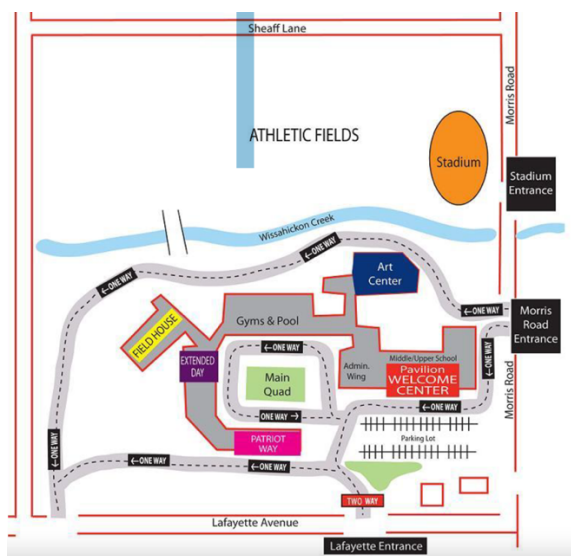
Fort Washington, PA 19034

- Germantown Academy is conveniently located near the Pennsylvania Turnpike and Route 309.
- Free parking will be available in the school lot.
- There is a Philadelphia Eagles home game at 1PM on Sunday, October 30th
- Do not park on Morris Road or any areas on GA'S Campus – you will be ticketed.

## Regional Map



## Germantown Academy map (park at the stadium)



## Germantown Academy facilities map

