

**Saturday, June 10, 2023****COMBINED EVENTS:** Athletes must check in 45 minutes prior to the start of event.

8:00AM	Decathlon	B15-16	100m, LJ, SP, HJ, 400m	Day 1
8:00AM	Decathlon	M17-18	100m, LJ, SP, HJ, 400m	Day 1
8:00AM	Triathlon	G9-10	SP, HJ, 200m	Final
8:00AM	Triathlon	B9-10	SP, HJ, 400m	Final
8:15AM	Heptathlon	G15-16	100H, HJ, SP, 200m	Day 1
8:15AM	Heptathlon	W17-18	100H, HJ, SP, 200m	Day 1
8:30AM	Pentathlon	B13-14	100m, SP, HJ, LJ, 1500	Final
8:45AM	Pentathlon	G13-14	100m, SP, HJ, LJ, 800	Final

**TRACK EVENTS:** All track events start at 9:00AM and then a rolling schedule. Combined Events track runs have priority. Any Trial with 8 or less Shall be run as a Final!

9:00AM	3000m Race Walk	G13-14, B13-14	Final
	3000m Race Walk	G15-16, B15-16	Final
	3000m Race Walk	YW17-18, YM17-18	Final
	1500m Race Walk	G9-10, B9-10	Final
	1500m Race Walk	G11-12, B11-12	Final
	80m Hurdles	G11-12, B12-12	Trial
	100m Hurdles	G13-14, B13-14	Trial
	100m Hurdles	G15-16, W17-18	Trail
	110m Hurdles	B15-16, M17-18	Trail
	3000m Run	G11-12, B11-12	Final
	3000m Run	G13-14, B13-14	Final
	3000m Run	G15-16, B15-16	Final
	3000m Run	YW17-18, YM17-18	Final
	4x100m Relay	G8-under, B8-under	Final
	4x100m Relay	G9-10, B9-10	Final
	4x100m Relay	G11-12, B11-12	Final
	4x100m Relay	G13-14, B13-14	Final
	4x100m Relay	G15-16, B15-16	Final
	4x100m Relay	W17-18, M17-18	Final
	400m	G8-under, B8-under	Trial
	400m	G9-10, B9-10	Trial
	400m	G11-12, B11-12	Trial
	400m	G13-14, B13-14	Trail
	400m	G15-16, B15-16	Trial
	400m	YW17-18, YM17-18	Trial
	100m	G8-under, B8-under	Trial
	100m	G9-10, B9-10	Trial
	100m	G11-12, B11-12	Trial
	100m	G13-14, B13-14	Trail
	100m	G15-16, B15-16	Trial
	100m	YW17-18, YM17-18	Trial
	4x800m Relay	G11-12, B11-12	Final
	4x800m Relay	G-13-14, B13-14	Final
	4x800m Relay	G-15-16, B15-16	Final
	4x800m Relay	YW17-18, YM17-18	Final
	200m	G8-under, B8-under	Trial
	200m	G9-10, B9-10	Trial
	200m	G11-12, B11-12	Trial
	200m	G13-14, B13-14	Trial
	200m	G15-16, B15-16	Trial
	200m	W17-18, M17-18	Trail

## Saturday, June 10, 2023

**FIELD EVENTS:** Combined events have order priority. Hammer & Discus share the same sector field.

8:00AM	High Jump	W17-18, G15-16	Final
	High Jump	G13-14, G11-12, G9-10	Final
~8:45AM	High Jump: Combined Event	TRI G9-10, B9-10	Final
		HEP G15-16, W17-18	Final
	High Jump: Combined Event	PENT G13-14, B13-14	Final
		DEC B15-16, M17-18	Final
8:00AM	Hammer Throw	B15-16, M17-18	Final
	Hammer Throw	G15-16, W17-18	Final
	Discus Throw (right after Hammer)	G15-16, W17-18	Final
		B15-16, M17-18	Final
8:00AM	Long Jump: Pit 1	G15-16, W17-18	Final
	Long Jump: Pit 1	M17-18, B15-16	Final
	Long Jump: Pit 2 Combined Event:	DEC B15-16, M17-18	Final
		PENT G13-14, B13-14	Final
	Shot Put: Pit 2	G8&under, B8&under	Final
	Shot Put: Pit 2	G9-10, B9-10	Final
	Shot Put: Pit 2	G11-12, B11-12	Final
8:00AM	Pole Vault:	G13-14, G15-16 W17-18 (all together)	Final
1:00PM	Pole Vault:	B13-14, B15-16 M17-18 (all together)	Final
1:00PM	Javelin Throw	B11-12, B13-14,	Final
	Javelin Throw	B15-16, M 17-18	Final
	Javelin Throw	G11-12, G13-14,	Final
	Javelin Throw	G15-16, W17-18	Final

## Sunday, June 11, 2023

**COMBINED EVENTS:** Athlete check-in 45 minutes prior.

8:00AM	Decathlon	B15-16	110H, DIS, PV, JAV, 1500m	Final
8:00AM	Decathlon	M17-18		Final
8:00AM	Heptathlon	G15-16	LJ, JAV, 800m	Final
8:00AM	Heptathlon	W17-18	LJ, JAV, 800m	Final
8:15AM	Pentathlon	G11-12	80H, SP, HJ, LJ, 800m	Final
8:15AM	Pentathlon	G11-12		Final

**TRACK EVENTS:** Girls before boys & ages may be combined. Combined Events track runs have priority. All Track Events start at 8:30AM then a rolling schedule.

2000m Steeplechase	G15-16, W17-18	Final
2000m Steeplechase	B15-16, M17-18	Final
400m Hurdles	B15-16, M17-18	Final
400m Hurdles	G15-16, W17-18	Final
200m Hurdles	G13-14	Final
200m Hurdles	B13-14	Final
1500m	G8&under, B8&under	Final
1500m	G9-10, B9-10	Final
1500m	G11-12, B11-12	Final
1500m	G13-14, B13-14	Final
1500m	G15-16, B15-16	Final
1500m	W17-18, M17-18	Final
80m Hurdles	G11-12, B11-12	Final
100m Hurdles	G13-14, B13-14	Final
100m Hurdles	G15-16, W17-18	Final
110m Hurdles	B15-16, M17-18	Final
400m	G8&under, B8&under	Final
400m	G9-10, B9-10	Final
400m	G11-12, B11-12	Final
400m	G13-14, B13-14	Final
400m	G15-16, B15-16	Final
400m	W17-18, M17-18	Final
100m	G8&under, B8&under	Final
100m	G9-10, B9-10	Final
100m	G11-12, B11-12	Final
100m	G13-14, B13-14	Final
100m	G15-16, B15-16	Final
100m	W17-18, M17-18	Final
800m	G8&under, B8&under	Final
800m	G9-10, B9-10	Final
800m	G11-12, B11-12	Final
800m	G13-14, B13-14	Final
800m	G15-16, B15-16	Final
800m	W17-18, M17-18	Final
200m	G8&under, B8&under	Final
200m	G9-10, B9-10	Final
200m	G11-12, B11-12	Final
200m	G13-14, B13-14	Final
200m	G15-16, B15-16	Final
200m	W17-18, M17-18	Final
4x400m Relay	G8&under, B8&under	Final
4x400m Relay	G9-10, B9-10; G11-12, B11-12	Final
4x400m Relay	G13-14, B13-14; G15-16, B15-16; W17-18-M17-18	Final

## Sunday, June 11, 2023

**FIELD EVENTS:** Combined events have order priority. Mini Javelin in the infield.

8:00AM	Long Jump: Pit 1	B8&under, G8&under	Final
	Long Jump: Pit 1	B9-10, G9-10	Final
	Long Jump: Pit 1	B11-12, G11-12	Final
	Long Jump: Pit 1	B13-14, G13-14	Final
8:00AM	Long Jump: Pit 2	HEP G15-16, W17-18	Final
		PENT G11-12, B11-12	Final
9:00AM	Triple Jump: Pit 2	B13-14, G13-14	Final
	Triple Jump: Pit 2	B15-16, G15-16	Final
	Triple Jump: Pit 2	M17-18, W17-18	Final
8:00AM	High Jump	M17-18, B15-16	Final
		B13-15, B11-12, B9-10	Final
~8:45AM	High Jump: Combined Event	PENT B11-12, G11-12	Final
~8:30AM	Discus Throw Combine Event	DEC B15-16, M17-18	Final
11:00AM	Discus Throw	B11-12, G11-12	Final
	Discus Throw	B13-14, G13-14	Final
8:00AM	Mini Javelin (in the infield)	B8&under, G8&under	Final
		B9-10, G9-10	Final
~8:45AM	Javelin Throw: Combined Event	HEP G15-16, W17-18	Final
		DEC B15-16, M17-18	Final
8:00AM	Shot Put: Pit 1	G15-16, W17-18	Final
~9:00AM	Shot Put: Pit 1 Combined Events	PENT B11-12, G11-12	Final
8:00 AM	Shot Put: Pit 2	B15-16, M17-18	Final
	Shot Put: Pit 2	B13-14, G13-14	Final
10:00AM	Pole Vault: Combined Events	DEC B15-16	Final
		DEC M17-18	Final

**AWARDS:** USATF Junior Olympic medals will be awarded to the top six individuals and the top six relay teams in each event of each age division. Top 6 will advance to Region 2.

**REGIONAL CHAMPIONSHIPS:** USATF Region 2 Championships to be held July 6-9 at Jamestown, NY. The top 5 will advance to the National Meet.

**NATIONAL CHAMPIONSHIPS:** The top five athletes and relay teams in each age division for each event at the Region 2 Championships will automatically qualify for the National Junior Olympic Championships to be held July 24-30 at Hayward Field in Eugene, OR. In combined events, the top two athletes will qualify.



Friday, March 17, 2023