

March 18, 2023
Individual Results

USATF Mid-Atlantic 2023 Grand Prix
Haddonfield Adrenaline 5K

Last Name	First Name	City	State	Place	HH	MM	SS	WMA%	AG	AGE	G	Club
Angellotti	Colten	Voorhees	NJ	108	0	18	40	73.036	40	41	M	Pineland Striders
Armstrong	Scott	Pottstown	PA	125	0	19	32	81.229	60	60	M	Greater Philadelphia TC
Barrett	Tyler	North Wales	PA	80	0	17	40	72.736	20	24	M	
Becker	John	Berwyn	PA	36	0	16	0	87.188	40	44	M	Greater Philadelphia TC
Bell	James	Philadelphia	PA	438	0	29	15	66.496	75	77	M	Greater Philadelphia TC
Bodels	Colin	Drexel Hill	PA	93	0	18	6	82.689	50	53	M	Philadelphia Runner Track Club
Boyer	Linda	North Wales	PA	263	0	23	56	82.312	65	65	F	Greater Philadelphia TC
Briggs	Maretta	Marlton	NJ	238	0	23	14	77.690	55	58	F	Pineland Striders
Broadbent	Anabelle	Perkasie	PA	209	0	22	22	77.943	55	55	F	Greater Philadelphia TC
Broadbent	Dave	Perkasie	PA	259	0	23	55	75.889	70	73	M	Greater Philadelphia TC
Brown	John	Kennett Square	PA	199	0	21	58	75.493	65	65	M	Pike Creek Valley Running Club
Bruckner	Joseph	West Berlin	NJ	417	0	28	30	59.825	65	68	M	Pineland Striders
Brynko	Barbara	Marlton	NJ	481	0	30	32	68.013	65	69	F	Pineland Striders
Burns	Scott	West Chester	PA	19	0	15	47	87.012	40	42	M	Greater Philadelphia TC
Butler	Brock	West Chester	PA	24	0	15	51	88.644	45	45	M	Greater Philadelphia TC
Cauler	Gregory	York	PA	150	0	20	25	79.837	60	63	M	Pike Creek Valley Running Club
Celona	Phil	Philadelphia	PA	18	0	15	46	81.607	30	31	M	Philadelphia Runner Track Club
Cheng	Kwok-Ming	Wilmington	DE	188	0	21	37	69.776	50	54	M	Pike Creek Valley Running Club
Coda	Liz	Philadelphia	PA	105	0	18	39	79.088	30	32	F	Philadelphia Runner Track Club
Cooper	Stanley	Cherry Hill	NJ	231	0	22	59	71.501	60	64	M	South Jersey Athletic Club
Costello	John	Milton	DE	158	0	20	33	78.589	60	62	M	Pike Creek Valley Running Club
Creamer	Samantha	Mount Laurel	NJ	369	0	27	3	54.713	30	34	F	Pineland Striders
Cuiule	Cynthia	Mount Laurel	NJ	152	0	20	25	72.163	30	31	F	Philadelphia Runner Track Club
Cutrona	Matthew	Wilmington	DE	110	0	18	48	78.989	50	52	M	Greater Philadelphia TC
Davies	Keith	Hatboro	PA	129	0	19	45	82.532	60	63	M	Greater Philadelphia TC
Dean	Abby	Wilmington	DE	111	0	18	51	88.417	50	51	F	Greater Philadelphia TC
Dever	Alyssa	Wyomissing	PA	66	0	17	18	85.164	30	30	F	F and M Track Club
Dever	Samuel	Wyomissing	PA	62	0	17	7	75.073	25	29	M	F and M Track Club
DiGennaro	Mike	Wilmington	DE	53	0	16	40	83.700	40	44	M	Pike Creek Valley Running Club
Dotsey	David	Cherry Hill	NJ	243	0	23	22	68.545	60	61	M	South Jersey Athletic Club
Dykes	Gene	Bala Cynwyd	PA	181	0	21	24	86.137	70	74	M	Greater Philadelphia TC
Estrada	Alex	Mount Laurel	NJ	373	0	26	59	59.358	60	61	M	Pineland Striders

March 18, 2023
Individual Results

USATF Mid-Atlantic 2023 Grand Prix
Haddonfield Adrenaline 5K

Farquhar	Bill	Newark	DE	169	0	20	46	73.274	55	55	M	Pike Creek Valley Running Club
Folzer	Sandra	Philadelphia	PA	570	0	33	53	77.127	80	83	F	Greater Philadelphia TC
Gagliardi	John	West Chester	PA	64	0	17	11	80.504	40	43	M	Greater Philadelphia TC
Gourley	Steve	Doylestown	PA	38	0	16	6	86.646	40	44	M	Philadelphia Runner Track Club
Gurka	Mary Ann	Berlin	NJ	276	0	24	11	87.112	70	70	F	Pineland Striders
Hamilton	Brandon	Haddon Township	NJ	677	0	42	14	36.030	55	55	M	South Jersey Athletic Club
Harte	Tim	Coatesville	PA	47	0	16	25	91.878	50	54	M	Greater Philadelphia TC
Hellman	Joanna	Medford Lakes	NJ	512	0	31	25	63.501	65	66	F	Pineland Striders
Heppelmann	Patricia	Malvern	PA	128	0	19	45	83.460	50	50	F	Greater Philadelphia TC
Herman	Gerald	Wilmington	DE	675	0	43	3	47.077	75	79	M	Pike Creek Valley Running Club
Hernandez	Eric	Lawnside	NJ	193	0	21	44	62.730	40	41	M	Greater Philadelphia TC
Hesketh	Robert	Sicklerville	NJ	215	0	22	27	71.938	60	62	M	South Jersey Athletic Club
Hodge	Brenda	Lancaster	PA	131	0	19	49	84.104	50	51	F	Pike Creek Valley Running Club
Holroyd	Erika	Wayne	PA	130	0	19	47	79.275	45	45	F	Greater Philadelphia TC
Holroyd	Jason	Wayne	PA	23	0	15	51	89.274	45	46	M	Greater Philadelphia TC
Horton	William	Gloucester City	NJ	235	0	23	1	60.608	40	44	M	Pineland Striders
Hranilovich	Stephen	Phoenixville	PA	122	0	19	26	80.961	55	59	M	Philadelphia Masters
Iglesias	Vicente	Philadelphia	PA	29	0	15	55	80.733	20	23	M	Philadelphia Runner Track Club
Johnson	Jemal	Phila	PA	338	0	25	53	57.824	50	53	M	
Kampf	Seth	Collegetown	PA	41	0	16	19	81.716	35	38	M	Philadelphia Runner Track Club
Kapner	Kenneth	Havertown	PA	175	0	21	15	77.333	60	64	M	Greater Philadelphia TC
Knothe	Lynn	Wilmington	DE	426	0	28	43	54.614	45	45	F	Pike Creek Valley Running Club
Law	Bob	Mantua	NJ	414	0	28	44	52.494	50	54	M	Pineland Striders
Longshore	Kristine	Doylestown	PA	715	0	51	21	33.950	55	55	F	Philadelphia Masters
Maguire	Joe	Philadelphia	PA	4	0	14	49	86.727	25	25	M	Philadelphia Runner Track Club
Marino	Jerry	Williamstown	NJ	265	0	24	3	74.428	70	72	M	South Jersey Athletic Club
Mason	Robert	Wilmington	DE	145	0	20	19	83.921	65	68	M	Pike Creek Valley Running Club
Mateer	Christopher	Philadelphia	PA	26	0	15	53	81.112	30	32	M	Philadelphia Runner Track Club
Matuszak	Paul	Huntingdon Valley	PA	3	0	14	42	89.456	35	36	M	Philadelphia Runner Track Club
McCalley	Katherine	Haddonfield	NJ	162	0	20	39	75.303	40	44	F	South Jersey Athletic Club
McCoubrie	Doreen	West Chester	PA	137	0	20	2	93.428	60	61	F	Greater Philadelphia TC
McHugh	Siobhan	Line Lexington	PA	186	0	21	38	77.042	50	51	F	Greater Philadelphia TC
Miller	Sarah	Medford	NJ	247	0	23	28	67.401	45	46	F	Pineland Striders

March 18, 2023
Individual Results

USATF Mid-Atlantic 2023 Grand Prix
Haddonfield Adrenaline 5K

Morrison	Don	West Brandywine	PA	206	0	22	11	80.691	70	72	M	Greater Philadelphia TC
Mullen	Nace	Philadelphia	PA	288	0	24	33	68.160	65	66	M	
Ng	Stephanie	Philadelphia	PA	75	0	17	31	84.110	20	24	F	Philadelphia Runner Track Club
Nieto	Benjamin	Philadelphia	PA	21	0	15	47	82.682	35	35	M	Philadelphia Runner Track Club
O'Regan	Kathryn	Lititz	PA	78	0	17	40	84.811	35	38	F	F and M Track Club
Pangburn	Julie	Downingtown	PA	213	0	22	30	80.222	55	58	F	Greater Philadelphia TC
Pellechio	Thomas	Doylestown	PA	357	0	26	44	63.217	65	67	M	Philadelphia Masters
Pellechio (Bodor)	Sierra	Doylestown	PA	509	0	31	12	47.222	25	29	F	Philadelphia Masters
Rechtin	Larry	Spring City	PA	113	0	19	5	83.930	60	61	M	Greater Philadelphia TC
Reynolds	Robert	Wyndmoor	PA	141	0	20	8	82.368	65	65	M	Greater Philadelphia TC
Richwall	Jason	Philadelphia	PA	74	0	17	31	73.359	20	24	M	Philadelphia Runner Track Club
Roth	Robert	Berlin	NJ	233	0	23	2	71.997	65	65	M	Pineland Striders
Sawyer	Steve	Philadelphia	PA	317	0	25	22	69.580	70	71	M	Greater Philadelphia TC
Schmidt	Aliza	Philadelphia	PA	275	0	24	18	67.833	50	50	F	Philadelphia Masters
Schuler	Robert	Marlton	NJ	485	0	30	38	60.174	70	74	M	Pineland Striders
Seykora	Maria	Broomall	PA	57	0	16	50	87.525	25	28	F	Philadelphia Runner Track Club
Siegel	Lauren	Elkins Park	PA	250	0	23	39	81.184	60	63	F	Greater Philadelphia TC
Smith	Jessica	Philadelphia	PA	91	0	18	0	82.222	30	34	F	Philadelphia Runner Track Club
Sokol	Kurt	Newark	DE	126	0	19	34	71.806	45	45	M	Pike Creek Valley Running Club
Spadaccini	Angelina	Bear	DE	112	0	18	54	77.954	25	26	F	Pike Creek Valley Running Club
Steenkamer	Thomas	Rising Sun	MD	174	0	21	10	77.638	60	64	M	Pike Creek Valley Running Club
Stewart	David	Haddonfield	NJ	346	0	26	6	62.452	60	63	M	South Jersey Athletic Club
Swierzbinski	Anthony	Wilmington	DE	56	0	16	45	79.005	35	37	M	Pike Creek Valley Running Club
Tagg	Nate	Lancaster	PA	76	0	17	33	75.404	35	37	M	F and M Track Club
Vannais	Rory	Marlton	NJ	109	0	18	42	70.321	35	36	M	Pineland Striders
Walkush	Declan	Philadelphia	PA	16	0	15	42	81.847	20	23	M	Philadelphia Runner Track Club
Witzig	Jack	Merchantville	NJ	147	0	20	19	69.647	45	46	M	South Jersey Athletic Club
Wrzosek	Thomas	Downingtown	PA	168	0	20	48	80.449	65	66	M	
Zimmerman	Amber	Philadelphia	PA	20	0	15	50	93.053	30	30	F	