

April 16, 2023  
Individual Results

USATF Mid-Atlantic 2023 Grand Prix  
Valley Forge Revolutionary 5 Mile Run

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Last Name	First Name	City	State	Place	HH	MM	SS	WMA%	AG	AGE	G	Club
Amengual	Cody	Philadelphia	PA	7	0	27	32	76.513	30	30	M	Philadelphia Runner Track Club
Armstrong	Scott	Pottstown	PA	30	0	33	59	76.312	60	60	M	Greater Philadelphia TC
Ashe	Shae	East Norriton	PA	381	0	49	22	42.843	30	33	M	Philadelphia Express Track Club
Barrett	Tyler	North Wales	PA	22	0	31	27	66.985	20	24	M	
Becker	John	Berwyn	PA	5	0	27	25	82.675	40	44	M	Greater Philadelphia TC
Belko	Alicia	Hainesport	NJ	20	0	31	11	76.430	25	28	F	Liberty Track Club
Bell	James	PHILADELPHIA	PA	456	0	51	33	61.267	75	77	M	Greater Philadelphia TC
Bergmann	Seth	Glassboro	NJ	196	0	43	12	68.519	70	73	M	Pineland Striders
Brynko	Barbara	Marlton	NJ	520	0	53	27	63.860	65	69	F	Pineland Striders
Butler	Brock	West Chester	PA	8	0	28	5	81.306	45	45	M	Greater Philadelphia TC
Canalley	Geraldine	Ambler	PA	668	0	59	14	44.935	45	49	F	Ambler Area Running Club
Creamer	Samantha	Mount Laurel	NJ	336	0	47	56	50.139	30	34	F	Pineland Striders
Dietrick	Kimberly	Malvern	PA	47	0	35	28	75.047	45	49	F	Greater Philadelphia TC
Estrada	Alex	Mount Laurel	NJ	268	0	45	34	57.462	60	61	M	Pineland Striders
Gagliardi	John	West Chester	PA	9	0	28	18	79.446	40	43	M	Greater Philadelphia TC
Gurka	Mary Ann	Berlin	NJ	170	0	42	20	81.772	70	70	F	Pineland Striders
Hamersly	Mark	Delran	NJ	134	0	40	48	54.248	40	41	M	Pineland Striders
Hatch	Stanley	Flourtown	PA	62	0	36	45	71.247	60	61	M	Greater Philadelphia TC
Hawkey	Edward	Perkasie	PA	316	0	47	18	64.482	75	75	M	Philadelphia Masters
Heigl-Yates	Scott	Philadelphia	PA	45	0	35	11	59.877	20	24	M	Greater Philadelphia TC
Hellman	Joanna	Medford Lakes	NJ	511	0	53	11	61.548	65	66	F	Pineland Striders
Heppelmann	Patricia	Malvern	PA	27	0	33	4	81.351	50	50	F	Greater Philadelphia TC
Hill	Shelley	West Deptford	NJ	602	0	56	6	59.150	65	67	F	Pineland Striders
Holroyd	Erika	Wayne	PA	39	0	34	45	73.621	45	45	F	Greater Philadelphia TC
Holroyd	Jason	Wayne	PA	6	0	27	26	83.961	45	46	M	Greater Philadelphia TC
Longshore	Kristine	Doylestown	PA	842	1	22	0	34.756	55	55	F	Philadelphia Masters
Maguire	Joe	Philadelphia	PA	2	0	25	22	83.049	25	25	M	Philadelphia Runner Track Club
Manavi	Reza	Willow Grove	PA	19	0	30	50	74.054	45	45	M	Greater Philadelphia TC
Mateer	Christopher	Philadelphia	PA	4	0	26	54	78.439	30	32	M	Philadelphia Runner Track Club
Matuszak	Paul	Huntingdon Valley	PA	1	0	25	7	85.202	35	36	M	Philadelphia Runner Track Club
Moura	Fernando	Douglassville	PA	61	0	36	36	79.827	70	72	M	Greater Philadelphia TC
Olmstead	Betty	Wilmington	DE	841	1	21	0	47.531	75	77	F	Pike Creek Valley Running Club

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Pangburn	Julie	Downingtown	PA	83	0	37	49	78.096	55	58	F	Greater Philadelphia TC
Pellechio	Thomas	Doylestown	PA	230	0	44	20	62.481	65	67	M	Philadelphia Masters
Platt	Julie	Wynnewood	PA	28	0	33	22	71.878	30	33	F	Philadelphia Runner Track Club
Rechtin	Larry	Spring City	PA	24	0	32	43	80.031	60	61	M	Greater Philadelphia TC
Schmidt	Aliza	Philadelphia	PA	148	0	41	39	64.586	50	50	F	Philadelphia Masters
Schuler	Robert	Marlton	NJ	599	0	56	4	53.567	70	74	M	Pineland Striders
Siegel	Lauren	Elkins Park	PA	127	0	40	22	77.952	60	63	F	Greater Philadelphia TC
Slater	Kimberly	HAINESPORT	NJ	297	0	46	48	60.185	50	54	F	Pineland Striders
Summers	Jan	Mullica Hill	NJ	217	0	43	51	69.935	60	61	F	Pineland Striders
Underkofler	Ashley	Philadelphia	PA	38	0	34	43	68.651	25	29	F	Liberty Track Club
Waniak	Stephen	Mount Laurel	NJ	40	0	34	46	61.266	35	35	M	Pineland Striders