



2023 USATF Mid-Atlantic Association Junior Olympic Track & Field Championships

June 10-11, 2023

Widener University Chester, Pa. 19013

Eligibility Requirements

INDIVIDUALS

All athletes must be 2023 members of USATF in good standing, with their age verified. Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these championships. See the USATF Rules for more information and exceptions.

AGE DIVISIONS AND EVENT LIMITS

Each athlete must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8-and-under,

9-10 and 11-12 Divisions may compete in a maximum of three events, including relays. Competitors in the 13-14, 15-16 and 17-18 Divisions may compete in a maximum of four events, including relays. Combined events will be contested.

RELAY TEAMS

Only 2023 USATF member clubs may enter relay teams. All athletes representing the club must be an USATF membership. Visit [HERE](#)

Entry Process

All entries and payments must be made online at **Athletic.net** website: [CLICK HERE](#)

DEADLINE

The deadline for entries and payment of entry fees is **06-07-23 at 9 PM**. No late entries are allowed. Online registration is opens now.

USING Athletic.net

An instructional video about the online registration process may be viewed at Athletic.net. Each club and athlete are responsible for the accuracy of their entry information. Please validate all data before submitting an entry to Athletic.net.

Fees

Individuals \$8 per event. Relays \$32 per team, Dec/Hep \$18.00, and Tria/Pen \$12.00. Pay by credit card or debit card when registering.

Spectators: Admission to the stadium by Athletic.net Cash App costs \$5 per day or \$8 for both days: www.athletic.net/TrackAndField/meet/489754/tickets



At the gate will cost \$7 for one date and \$10 for two dates, and Children under five (5) admitted free.

PROOF OF BIRTH DATE

One must have their child or team member update in USATF Direct Connect. The new process will take at least 5 working days to get the date of birth verified, so please have this done as soon as possible. **DON'T WAIT TO THE LAST MINUTE.** Proof of birth date documents include: a copy of the athlete's birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification.

All athletes must complete the Junior Olympic Participant Waiver and Release form. This form is integrated into the online entry system and can be completed electronically; it can also be obtained from the Association website. The form must be properly completed and signed by a parent/guardian before

an athlete receives a competition number.

Event Check-In

Athletes must check in at the designated areas when the first call is made. No athletes will be permitted to check in after an event is closed. **NO EXCEPTIONS.**

The check-in area for running events will be in the middle of the infield. Field event athletes are to check in directly at the venue.

If an athlete is competing in another event, a coach or parent may check in that athlete. The athlete must report before the event closes.

All athletes must remain in the check-in area after they have checked in.

Parents and coaches are not permitted in the check-in area unless they are checking in an athlete who is competing in another event.

Each athlete's coach/parent is responsible for making sure the athletes check in to only the events they have entered. Athletes who go over event limits or compete in events they have not been entered in will be disqualified.

Athletes or teams may be disqualified from an event if they fail to adhere to the check-in rules.

Competition Information

BIB NUMBERS

Competitors must wear their assigned bib numbers on the front of their jersey during competition. If an athlete loses a bib number, a replacement can be purchased for \$5. Bib numbers will be distributed to coaches and unattached athletes in their registration packets.

EQUIPMENT NOTES

- Meet management will provide starting blocks and batons.
- Only ¼" spikes are permitted on the track.
- Only certified implements may be used in competition.

RESULTS, MEDALS & EVENT PHOTOS

Results will be posted at www.usatf.org on the Junior Olympic page, Athletic.net and at www.mausatf.com

Live results will be in the following link:

<http://www.milesplit.live/meets/521382>

Photos will be posted to the MAUSATF.ORG website within 48 hours.

Awards will be available for pickup 30 minutes after results are posted. Please make sure your results are correct before leaving the championships.

PROTESTS

There will be a \$50 fee for each protest. Protests must be submitted to the Protest Referee within 30 minutes after a result has been announced or posted. Protests will be reviewed only after the fee and the proper paperwork is submitted by the club coach or, if the athlete is unattached, by a parent or coach. The protest fee will be refunded only if the protest is accepted.

AWARDS

USATF Junior Olympic medals will be awarded to the top six individuals and the top six relay teams in each event of each age division.

VOLUNTEERS

We need your assistance to make this meet a success. We are asking for volunteers to submit their names at the time of packet pick-up, and report to the coaches meeting for assignments. Must sign the USATF Restricted Volunteer Waiver form.

Advancement

REGIONAL CHAMPIONSHIPS

The top six (6) individuals and relay teams in each age division for each event at the Association Championships will advance to the USATF Region 2 Championships to be held July 7-9 at Cortland, NY. qualifying athletes must declare at Athletic.net registration that they will participate in the regional championships. The declaration period opens on TBA and closes at TBA.

NATIONAL CHAMPIONSHIPS

The top five (5) athletes and relay teams in each age division for each event at the Region 2 Championships will qualify for the National Junior Olympic Championships to be held July 24-30, at Eugene, OR. In combined events, the top two athletes will qualify. Information about the national championships will be posted at:

USATF.ORG/Events

Rules of Conduct and Facility

- No tents may be spiked into the grounds. Pop-up tents are permitted in stands if they do not block the view of the press box area.
- No coaches or parents will be permitted on the infield. Designated coach's areas will be provided during field competitions.
- Only one coach per team is allowed in coaches-

only areas.

- Participants must clean up after themselves and leave the area in excellent condition before departing the meet. Trash bags will be given out at the packet pickup.

- Concessions will be provided.
- Athletes and spectators must conduct themselves in a respectful manner adhering to 2023 USATF rules of competition.

Schedule

Packet pickup: 6:45 a.m.-8 a.m.

Officials Meeting: 7:00 a.m. at the finish line.

Coaches and Volunteers Meeting: 7:15 a.m. at the finish line.

Implement weigh-in: 7:00 a.m.-9:00 a.m.

Warm-ups: The track will be open for warm-ups until 7:50 a.m. After that, athletes must warm up outside the track. A call will be made to allow hurdlers to warm-up over hurdles prior to their races.

2023 Age Divisions

8 and under (born 2015+)

9-10 Division (born 2013-2014)

11-12 Division (born 2011-2012)

13-14 Division (born 2009-2010)

15-16 Division (born 2007-2008)

17-18 Division (born 2005-2006)

* Athletes born in 2005 are also eligible if they do not turn 19 on or before 08/01/23.

OTHER: If traveling through Philadelphia via I-95, be cognizant about potential Phillies traffic.



PHILLIES vs. Los Angeles Dodgers
Home Game Series at Citizens Bank Park

Friday, June 9 @ 7:05 p.m.
Saturday, June 10 @ 4:05 p.m.
Sunday, June 11 @ 1:35 p.m.

