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USATF Niagara Youth Chair – Izeal Bullock  
USATF New Jersey Youth Chair – AL Essilfie  
SafeSport Coordinator: Michelle Bogdon

USATF Mid-Atlantic Youth Chair – Robin Jefferis  
USATF Three Rivers Youth Chair – Oronde Sharif

**ENTRY INFORMATION**

All registration must be completed and paid online thru [www.athletic.net](http://www.athletic.net)

The TOP 8 athletes in each event/age group and top 8 relay teams at their Association Championship qualify to advance to the Region 2 Championship. Combined events will be open entry.

**ENTRY PROCESS:** All entries must be completed online at [www.athletic.net](http://www.athletic.net)

On-Time Entry Fees June 12 thru June 30, 9:00pm	Late Entry Fees June 30 9:01pm thru July 4, 11:59pm
\$9.00/individual Event	\$12.00 Individual Event
\$22.00 Heptathlon/Decathlon	\$26.00 Heptathlon/Decathlon
\$17.00 Triathlon/Pentathlon	\$19 Triathlon/Pentathlon
\$36.00 Relay	\$48.00 Relay

**RELAYS** A minimum of 4 and a maximum of 6 athletes may be entered for the cost of the relay.

Entries after the late deadline will not be permitted. Fees must be paid online by the close of registration.

*\*\* Accuracy of data entered is the responsibility of each club, parent and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting,*

<https://support.athletic.net/category/2hpchxju2v-event-registration>

**ADMISSION:** \$7.00/day (Friday-Saturday-Sunday) ...3-Day Pass/\$17.00 Athletes with competitor number & children under 12 free.

**Coach Credentials:**

In order for a coach to be eligible to receive a “Coach Credential” (wristband) at this event, the following criteria must be met:

- Education Standard must be completed no later than June 15, 2023
- Coach must be listed on the USATF Coaches Registry list.

**PACKET PICK-UP**

Day/Time	Track
July 7 Thursday	3:00pm-6:00pm
July 8 Friday	7:00am-4:00pm
July 9 Saturday	7:00am-3:00pm
July 10 Sunday	8:00am-10:00am

**COACHES MEETING:** Clerking Tent Daily prior to start of events

**ATHLETE BIB NUMBERS**

Athlete bib numbers must be worn on front unless otherwise instructed. The same number will be used for ALL days of the meet.

**REPLACEMENT NUMBERS - \$10.00**

**IMPLEMENTS:** Meet management will provide implements

Implement weigh-in will be in the garage accessible near the Throwing Complex.

**Weights & Measures Begins:** Friday – 7:00am-9:00am; Saturday – 7:00am-9:00am; Sunday – 7:00am-9:00am

- Personal implements may be used and must be weighed prior to the competition each day.
- The "loss of identity rule" shall apply to all implements except the javelin. All competitors must use blocks and batons provided by meet management.

**Blocks & Batons:** Meet Management will provide blocks and batons.

**TRAINERS**

Medical volunteers and/or SUNY Cortland trainers will be stationed at locations in the competition area.

**PROTESTS**

Protests must be filed within 30 minutes of posting of final results. There will be a \$50.00 cash fee required to file a protest. Protest must be in writing with specific rule in question stated. The fee will be refunded if protest is upheld.

**AWARDS**

Junior Olympic Awards for 1st thru 5th places.

**EVENT CHECK-IN**

The event schedule is a rolling schedule. Athletes, parents, and coaches need to be aware of what events are taking place on the track and in the field events to ensure all athletes are properly checked into their events on time. If you are unsure, visit the field event venue for field events or check with the head clerk for track events.

- Check-in will be 45 minutes prior to the event. All athletes must listen for the announcements.
- Athletes must report "Race Ready". No bags or personal items. All electronic equipment is prohibited in the competition areas.
- Calls will be as follows:
  - **1st Call** – Athletes report, check in with the clerk in the tent and warm-up on the infield
  - **2nd Call**- Athletes should all be checked in by the clerk in the tent
  - **Final Call** – All athletes should be checked in and in the clerking tent. Heat/lane assignments and hip numbers.
- **The event will be officially closed by the clerk of course no sooner than 5 minutes after the final call. If an athlete has not reported by this time, he/she will be scratched.**
- **Event Conflicts – if your athlete is in two events happening at the same time**
  - Check into **BOTH** events – check in with the head clerk for track events and the head official at the field event
  - Inform both officials of the conflict
  - Meet staff will assist the athlete to manage the conflict.
  - Remember to inform all officials involved – meet management cannot assist if they don't know about the conflict
  - Immediately after completing a running event, you must return to your field event
- **If athletes are in two events in close proximity**
  - For two **field** events – tell the clerk you are checking in for both events at the same time.
  - For a **track and a field** event use the procedure for the conflict above.
- No parents or coaches will be allowed in the clerking area.
- Upon closing of a preliminary round track event by the clerk of course, those preliminaries having eight (8) or fewer contestants will be passed on to finals. In such cases only athletes properly checked into the event by the clerk of course prior to closing the semi will be allowed to compete in the final. **In this instance, the final will be conducted at the scheduled time for the preliminary round.**
- **Relay Check-in:**
  - **All four members must report together race ready, in uniform and wearing their bib number**
  - **Uniforms will be reviewed per rule 302.3.d**

**STARTING HEIGHTS –HIGH JUMP & POLE VAULT**

High Jump			
20 cm below 2022 Performance Standard (Rule 302.5(o))			
9-10 Girls	0.80m	9-10 Boys	0.80m
11-12 Girls	1.00m	11-12 Boys	1.05m
13-14 Girls	1.10m	13-14 Boys	1.25m
15-16 Girls	1.15m	15-16-Boys	1.40m
17-18 Girls	1.25m	17-18 Boys	1.50m

Pole Vault			
60 cm below 2022 Performance Standard (Rule 302.5(o))			
13-14 Girls	1.75m	13-14 Boys	1.95m
15-16 Girls	1.80m	15-16 Boys	2.70m
17-18 Girls	2.05m	17-18 Boys	3.25m

**HEAT/LANE ASSIGNMENTS**

Heat/Lane Assignments will be done according to USATF Rule 303.1.k

The following procedure shall be used in assigning lanes:

- The first round is random draw even if the event is a final
- Seeding of Finals  
 The inner 4 lanes (3-4-5-6) will be random draw on the highest ranked competitors based on the ranked list for forming heats for the round; The 2<sup>nd</sup> Draw is a random draw for lanes 2 & 7; The 3<sup>rd</sup> Draw is a random draw for lanes 1 & 8

Advancement to Finals	
Trial Heats	Advancement Formula
1	Run as timed final at scheduled prelim time
2	Top 3/heat next 2 best times
3	Top 2/heat next 2 best times
4	Heat Winner plus next best times

**National Advancement:** All advancement done online thru [www.athletic.net](http://www.athletic.net)

The 2022 USATF Hershey Junior Olympic Championship will be held July 22 thru July 28 at University of Oregon, Eugene, OR. Information on the meet is on the USATF website at:

<https://www.usatf.org/events/2022/2022-usatf-national-junior-olympic-track-field-cha> NATIONAL ENTRY FEES: \$10.00

Individual Event; \$40.00 Relay; \$26.00 Heptathlon/Decathlon; \$22.00 Triathlon/Decathlon

**Individual Advancement** - Top 5 individuals in each event/division.

**Relay Teams** - Top 5 teams in each division advance.

**Combined Events** - Top 2 advance on place; 3rd place must meet qualifying standard to advance.

**COMBINED EVENTS STANDARDS**

	Girls	Boys		15-16	17-18
9-10 Triathlon	949	633	Heptathlon (G)	3895	4196
11-12 Pentathlon	2413	2089	Decathlon (B)	5116	5908
13-14 Pentathlon	2814	2589			

**DIRECTIONS**

Cortland is located on Interstate 81, 33 miles south of Syracuse, NY and 42 miles north of Binghamton, NY. SUNY Cortland is located two miles from I-81 exit 12 on Rt 13.

Travel Distances		
Buffalo, NY 185miles	Pittsburgh, Pa 340 miles	George Washington Bridge 220 miles
Rochester, NY 120 miles	Binghamton, NY 42 miles	Trenton, NJ 215 miles
Syracuse, NY 33 miles	Scranton, Pa 100 miles	Philadelphia, Pa 222 miles
Erie, Pa 270 miles	Harrisburg, Pa 220 miles	Atlantic City, NJ 284 miles

**FACILITY INFORMATION**

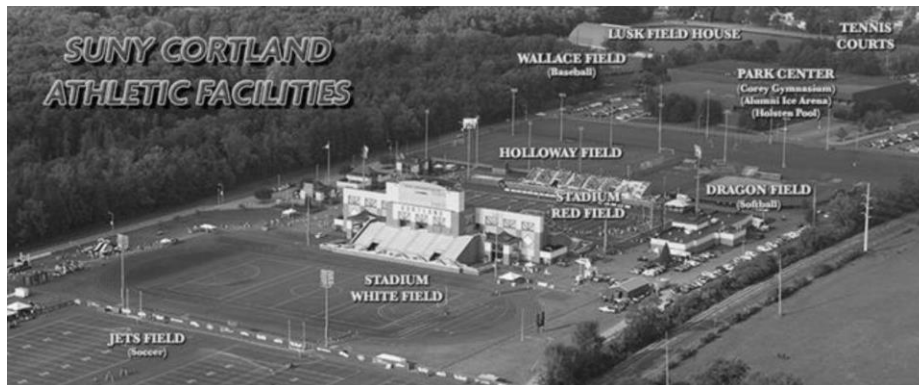
**Track:** All Weather 8 lane

**Field:** Concrete Discus, Shot and Hammer circles

- Long Jump, Triple Jump, Pole Vault, High Jump: All Weather Surface
- Javelin: Grass approach; Grass Landing
- Spikes: 1/4" pyramid only
- Stadium Capacity: 3,000
- Timing: Marathon Timing
- Free parking in the Stadium lots of Rt 281 adjacent to the Throws Complex

- **NO TENTS IN STADIUM STANDS**
- No alcohol permitted in the stadium

- The stadium complex is a **"SMOKE FREE ZONE"**
- Coolers are permitted
- Please remove all garbage from your area before you leave.
- Trash bags available at the registration table.
- Concessions available on site





USATF REGION 2  
CHAMPIONSHIP  
JULY 7 thru 9, 2023  
SUNY Cortland, NY  
Updated 6/08/2023



## HOTEL INFORMATION

**Hotels for July 6-8<sup>th</sup> – Event dates of July 7-9<sup>th</sup>**

### **Holiday Inn Express**

**Address:** 4.5 Locust Ave, Cortland, NY 13045

**Phone:** [\(607\) 299-0099](tel:6072990099)

\$139.95/night

### **Quality Inn Cortland**

**Address:** 188 Clinton Ave, Cortland, NY 13045

**Phone:** [\(607\) 756-5622](tel:6077565622)

### **Clarion Inn – Cortland**

**Address:** 2 1/2 Locust Ave, Cortland, NY 13045

**Phone:** [\(607\) 753-7721](tel:6077537721)

\$129.95

### **Hope Lake Lodge & Conference Center**

**Address:** 2177 Clute Rd, Cortland, NY 13045

**Phone:** [\(607\) 218-8714](tel:6072188714)

Please call for rate due to several different room configuration options

### **Quality Inn - Tully**

**Address:** 5779 NY-80, Tully, NY 13159

**Phone:** [\(315\) 696-6061](tel:3156966061)

\$149.95

### **Cayuga Blu**

**Address:** 2310 N Triphammer Rd, Ithaca, NY 14850

**Phone:** [\(607\) 257-3100](tel:6072573100)

\$149.00

**SUNY Cortland Dorms – Housing Reservation Link**

**Cortland Dorms are for officials only.**

<https://www.cortlandsports.org/e/housing-on-campus-usa-niagara-tf-region-ii-junior-oly>