



2023 MASTERS CROSS COUNTRY CHAMPIONSHIP  
 BELMONT PLATEAU, PHILADELPHIA  
 SATURDAY, AUGUST 26, 2023

**MEN'S RESULTS /5,000 METERS**

PLACE	NAME (AGE)	CLUB	TIME	PACE/MIILE	AWARD
1	BROCK BUTLER	GREATER PHILA TC	18:19.96	5:54	\$50 Champion
2	CARMEN ZAPELLE (56)	GREATER PHILA TC	20:30.94	6:36	
3	MATT CUTRONA (53)	GREATER PHILA TC	21:11.47	6:49	
4	SCOTT ARMSTRONG (60)	GREATER PHILA TC	21:25.61	6:54	
5	REZA MANAUI (45)	GREATER PHILA TC	22:53.59	7:22	
6	STANLEY HATCH (61)	GREATER PHILA TC	23:34.87	7:35	
7	STEPHEN GUALANO (53)	PHILA MASTER TC	24:23.82	7:51	
8	ERIK HERNANDEZ (42)	GREATER PHILA TC	25:31.09	8:13	
9	BRUCE RASH (61)	GREATER PHILA TC	27:13.21	8:46	
10	TOM JENNINGS (79)	GREATER PHILA TC	28:46.43	9:16	
11	STEVE SAWYER (72)	GREATER PHILA TC	30:23.18	9:47	
12	JIM ASSEL (80)	GREATER PHILA TC	36:21.64	11:42	

PLACE	TEAM (3 SCORE)	POINTS	AWARD
1	GREATER PHILA TC	6	\$500 TEAM TRAVEL STIPEND TO NATIONAL XC CHAMPIONSHIP

**WOMEN'S RESULTS 5,000 METERS**

PLACE	NAME (AGE)	CLUB	TIME	PACE/MILE	AWARD
1	ABBY DEAN (51)	GREATER PHILA TC	21:51.59	7:02	\$50 Champion
2	KARA RUBINICH (44)	GREATER PHILA TC	22:07.34	7:07	
3	KIM DIETRICK (50)	GREATER PHILA TC	24:26.51	7:52	
4	SHEILA REAGAN (53)	GREATER PHILA TC	26:01.72	8:23	
5	ALIZA SCHMIDT (51)	PHILA MASTER TC	27:51.35	8:58	
6	LINDA BOYER (65)	GREATER PHILA TC	28:03.17	9:02	
7	SUSAN JARRETT (60)	PHILA MASTER TC	33:29.91	11:42	
8	KRISTINE LONGSHORE(55)	PHILA MASTER TC	54:07.43	17:25	

PLACE	TEAM (3 SCORE)	POINTS	AWARD
1	GREATER PHILA TC	6	\$500 TEAM TRAVEL STIPEND TO NATIONAL XC CHAMP
2	PHILA MASER TC	18	

\*\* PHILA RUNNER TC INCOMPLETE TEAM

! The Mid Atlantic USATF MASTER Cross Country Championship was hosted within the Belmont Hall of Fame Classic and was scored separate from the HOF Classic race