



2023 OPEN CROSS COUNTRY CHAMPIONSHIP
BELMONT PLATEAU, PHILADELPHIA
OCTOBER 7, 2023

MEN'S RESULTS /8,000 METERS

PLACE	NAME	CLUB	TIME	PACE/MIILE	AWARD
1	DECLAN WALKUSH **	PHILA RUNNER TC	27:23.81	5:31	\$50 Champion
2	NICK CARDAMONE	PHILA RUNNER TC	28:01.89	5:38	
3	DAVID DORSEY	PHILA RUNNER TC	28:15.99	5:41	
4	JORDAN PAYNE	PHILA RUNNER TC	28:44.42	5:47	
5	TRAYON WILLIAMS	UNNATACHED	29:04.70	5:51	
6	JULIAN DEGROOT-LUTZNER	PHILA RUNNER TC	29:30.19	5:56	
7	VICENTE IGLESIAS	PHILA RUNNER TC	29:41.94	5:58	
8	MUDHILLUN MUQARIBU	PHILA RUNNER TC	30:33.83	6:09	
9	JOHN DEMMLER	PHILA RUNNER TC	33:15.72	6:41	
10	SCOTT HEIGL-YATES	PHILA RUNER TC	35:32.78	7:09	

PLACE	TEAM (5 SCORE)	POINTS	AWARD
1	PHILADELPHIA RUNNER TC	15	\$500 TEAM TRAVEL STIPEND TO NATIONAL XC CHAMPIONSHIP

WOMEN'S RESULTS / 6,000 METERS

PLACE	NAME	CLUB	TIME	PACE/MILE	AWARD
1	VERONICA EDER	LIBERTY TC	21:34.09	5:47	\$50 Champion
2	LIZ MANCINI	LIBERTY TC	21:50.30	5:51	
3	CHARLOTTE IMER	LIBERTY TC	21:55.49	5:53	
4	ELAINE ESTES	PHILA RUNNER TC	22:19.16	5:59	
5	JOCELYN CHAU	LIBERTY TC	22:38.86	6:04	
6	LINDSEY OREMUS	LIBERTY TC	22:39.84	6:05	
7	CAREY CELATA	LIBERTY TC	23:09.84	6:13	
8	ABIGAIL CORRIGAN	LIBERTY TC	23:38.55	6:20	
9	STEPHANIE NG	PHILA RUNNER TC	23:39.25	6:21	
10	MELANIE VLASIC	LIBERTY TC	24:03.91	6:27	

PLACE	TEAM (5 SCORE)	POINTS	AWARD
1	LIBERTY TC	15	\$500 TEAM TRAVEL STIPEND TO NATIONAL XC CHAMPIONSHIP

** PHILA RUNNER TC INCOMPLETE TEAM

! The Mid Atlantic USATF Cross Country Championship was hosted within the Jack Saint Clair Memorial and scored separate from the JSC race.