

March 16, 2024

USATF Mid-Atlantic 2024 Grand Prix

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Age Group Results

Haddonfield Adrenaline 5K

Last Name	First Name	City	State	Place	HH	MM	SS	WMA%	AG	AGE	G	Club	Points
Manavi	Josette	Willow Grove	PA	515	0	29	25	57.110	*	11	F	AOC Ambler Track Club	*
Condell	Alyssa	Runnemede	NJ	71	0	17	4	86.328	20	24	F	Philadelphia Runner Track Club	5
van Assendelft	Emily	Philadelphia	PA	183	0	20	8	73.179	20	23	F	Philadelphia Runner Track Club	3
Seykora	Maria	Broomall	PA	77	0	17	15	85.411	25	29	F	Philadelphia Runner Track Club	5
Ng	Stephanie	Philadelphia	PA	85	0	17	26	84.512	25	25	F	Philadelphia Runner Track Club	3
Spadaccini	Angelina	Bear	DE	142	0	18	55	77.885	25	27	F	Pike Creek Valley Running Club	1
Zimmerman	Amber	PHILADELPHIA	PA	33	0	15	48	93.249	30	31	F		5
Cuiule	Cynthia	Mount Laurel	NJ	194	0	20	34	71.718	30	32	F	Philadelphia Runner Track Club	3
Swierzbinski	Elizabeth	Wilmington	DE	106	0	17	51	83.287	35	36	F	Pike Creek Valley Running Club	5
Smith	Jessica	Philadelphia	PA	107	0	17	53	82.945	35	35	F	Philadelphia Runner Track Club	3
Tampio	Sarah	Philadelphia	PA	215	0	21	10	71.102	35	39	F	Philadelphia Runner Track Club	1
Creamer	Samantha	Mount Laurel	NJ	567	0	31	12	47.543	35	35	F	Pineland Striders	
Emmons	Allison	Wilmington	DE	115	0	18	8	85.754	40	44	F	Pike Creek Valley Running Club	5
Duncan	Claire	Philadelphia	PA	108	0	17	54	84.544	40	40	F	Liberty Track Club	3
Rusk	Sarah	Wilmington	DE	162	0	19	36	78.741	40	43	F	Pike Creek Valley Running Club	1
Feehan	Megan	Philadelphia	PA	169	0	19	41	76.884	40	40	F	Philadelphia Runner Track Club	
Giroto	Sara	Wynnewood	PA	128	0	18	43	86.198	45	48	F	Greater Philadelphia TC	5
Delfidio	Susan	Ambler	PA	170	0	19	41	80.356	45	46	F	Greater Philadelphia TC	3
Monforto	Kathleen	Laurel Springs	NJ	177	0	19	56	80.100	45	47	F	South Jersey Athletic Club	1
McElroy	Meaghan	Mt Laurel	NJ	223	0	21	27	73.737	45	46	F	Pineland Striders	
Knothe	Lynn	Wilmington	DE	698	0	35	45	44.242	45	46	F	Pike Creek Valley Running Club	
Dean	Abby	Wilmington	DE	150	0	19	14	87.608	50	52	F	Greater Philadelphia TC	5
Gannon	Amy	Bala Cynwyd	PA	155	0	19	29	84.602	50	50	F	Greater Philadelphia TC	3
Hodge	Brenda	Lancaster	PA	206	0	20	47	81.075	50	52	F	Pike Creek Valley Running Club	1
McMillan	Denise	Columbia	PA	210	0	20	56	80.494	50	52	F	F and M Track Club	
McHugh	Siobhan	Line Lexington	PA	224	0	21	31	78.311	50	52	F	Greater Philadelphia TC	
Regan	Cecelia	Glenside	PA	343	0	24	41	69.075	50	53	F	Greater Philadelphia TC	
Schmidt	Aliza	Philadelphia	PA	327	0	24	13	68.823	50	51	F	Philadelphia Masters	
Broadbent	Anabelle	Perkasie	PA	253	0	22	27	78.545	55	56	F	Greater Philadelphia TC	5
Harvey	Michelle	Atco	NJ	301	0	23	33	76.645	55	58	F	Pineland Striders	3
Siegel	Lauren	Elkins Park	PA	306	0	23	48	81.723	60	64	F	Greater Philadelphia TC	5
Summers	Jan	Mullica Hill	NJ	416	0	26	23	71.826	60	62	F	Pineland Striders	3

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McGowan	Karen	Medford	NJ	311	0	23	57	83.299	65	66	F	Pineland Striders	5
Boyer	Linda	North Wales	PA	328	0	24	11	82.495	65	66	F	Greater Philadelphia TC	3
Wolf	Ann	Marlton	NJ	436	0	26	58	74.969	65	67	F	Pineland Striders	1
Hill	Shelley	West Deptford	NJ	630	0	32	41	62.723	65	68	F	Pineland Striders	
Ruberti	Donna	Glassboro	NJ	798	0	43	0	45.814	65	65	F	South Jersey Athletic Club	
Gurka	Mary Ann	Berlin	NJ	376	0	25	27	83.955	70	71	F	Pineland Striders	5
Brynko	Barbara	Marlton	NJ	622	0	32	28	64.887	70	70	F	Pineland Striders	3
McManus	Diane	Upper Darby	PA	813	0	47	58	45.830	70	73	F	Greater Philadelphia TC	1
Olmstead	Betty	Wilmington	DE	826	0	50	28	46.962	75	78	F	Pike Creek Valley Running Club	5
Folzer	Sandra	Philadelphia	PA	639	0	33	0	81.263	80	84	F	Greater Philadelphia TC	5

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Manavi	Damian	Willow Grove	PA	127	0	18	40	79.107	*	11	M	AOC Ambler Track Club	*
Kalaus	Connor	Perkasie	PA	167	0	19	41	75.021	*	11	M	AOC Ambler Track Club	*
Shepherd	Bo	Philadelphia	PA	5	0	14	47	86.922	20	23	M	Philadelphia Runner Track Club	5
Kissam	Simon	Philadelphia	PA	14	0	15	17	84.079	20	23	M	Philadelphia Runner Track Club	3
Walkush	Declan	Philadelphia	PA	16	0	15	19	83.896	20	24	M	Philadelphia Runner Track Club	1
Fisher	Ciaran	Marion Heights	PA	18	0	15	21	83.713	25	27	M	F and M Track Club	5
Reeves	Neegbeah	Philadelphia	PA	122	0	18	20	70.091	25	29	M		3
Mahalsky	Ryan	Center Valley	PA	1	0	14	35	88.114	30	30	M	Philadelphia Runner Track Club	5
Creekmore	Joseph	Wilmington	DE	7	0	14	59	85.873	30	31	M	Pike Creek Valley Running Club	3
Mateer	Christopher	Philadelphia	PA	25	0	15	31	83.351	30	33	M	Philadelphia Runner Track Club	1
Hannagan	Mark	Bear	DE	74	0	17	5	75.707	30	33	M	Pike Creek Valley Running Club	
Dever	Samuel	Wyomissing	PA	89	0	17	32	73.289	30	30	M	F and M Track Club	
Matuszak	Paul	Huntingdon Valley	PA	4	0	14	43	89.921	35	37	M	Philadelphia Runner Track Club	5
Nieto	Benjamin	Philadelphia	PA	26	0	15	32	84.657	35	36	M	Philadelphia Runner Track Club	3
Potocek	Andrew	Philadelphia	PA	78	0	17	14	76.789	35	37	M	Philadelphia Runner Track Club	1
Vannais	Rory	Marlton	NJ	131	0	18	47	70.453	35	37	M	Pineland Striders	
Waniak	Stephen	Mount Laurel	NJ	428	0	26	57	48.794	35	36	M	Pineland Striders	
Miller	Zach	West Chester	PA	24	0	15	31	87.218	40	40	M	Greater Philadelphia TC	5
Gagliardi	John	West Chester	PA	46	0	16	19	85.495	40	44	M	Greater Philadelphia TC	3
David	Adam	Cherry Hill	NJ	95	0	17	36	78.598	40	43	M		1
Hernandez	Eric	Lawnside	NJ	208	0	20	45	66.185	40	42	M	Greater Philadelphia TC	
Thirumurthy	Harsha	Bala Cynwyd	PA	49	0	16	26	86.815	45	47	M	Greater Philadelphia TC	5
Becker	John	Berwyn	PA	66	0	16	51	83.383	45	45	M	Greater Philadelphia TC	3
Sokol	Kurt	Newark	DE	228	0	21	32	65.712	45	46	M	Pike Creek Valley Running Club	1
Horton	William	Gloucester City	NJ	249	0	21	51	64.302	45	45	M	Pineland Striders	
Manavi	Reza	Willow Grove	PA	516	0	29	25	48.102	45	46	M	Greater Philadelphia TC	
Finger	Joshua	Spring City	PA	99	0	17	41	82.658	50	50	M	Greater Philadelphia TC	5
McMillan	Jay	Columbia	PA	114	0	18	9	81.175	50	51	M	F and M Track Club	3
Cutrona	Matthew	Wilmington	DE	141	0	18	55	79.119	50	53	M	Greater Philadelphia TC	1
Bodels	Colin	Drexel Hill	PA	149	0	19	13	78.491	50	54	M	Greater Philadelphia TC	
Gualano	Stephen	Easton	PA	233	0	21	43	68.918	50	53	M	Philadelphia Masters	

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Harte	Tim	Coatesville	PA	73	0	17	7	88.900	55	55	M	Greater Philadelphia TC	5
Farquhar	Bill	Newark	DE	212	0	20	58	73.132	55	56	M	Pike Creek Valley Running Club	3
Hamilton	Brandon	Haddon Township	NJ	819	0	50	2	30.646	55	56	M	South Jersey Athletic Club	1
Rechtin	Larry	Spring City	PA	140	0	18	53	85.525	60	62	M	Greater Philadelphia TC	5
Davies	Keith	HATBORO	PA	163	0	19	36	83.844	60	64	M	Greater Philadelphia TC	3
Mazo	Daniel	Bala Cynwyd	PA	148	0	19	7	82.999	60	60	M	Greater Philadelphia TC	1
Costello	John	Milton	DE	174	0	19	55	81.841	60	63	M	Pike Creek Valley Running Club	
Cauller	Gregory	York	PA	189	0	20	20	80.820	60	64	M	Pike Creek Valley Running Club	
Shields	Charles	Abington	PA	195	0	20	33	79.968	60	64	M	Greater Philadelphia TC	
Armstrong	Scott	Pottstown	PA	181	0	20	3	79.884	60	61	M	Greater Philadelphia TC	
Wiechecki	David	Wilmington	DE	186	0	20	15	79.753	60	62	M	Pike Creek Valley Running Club	
Estrada	Alex	Mount Laurel	NJ	491	0	28	46	56.141	60	62	M	Pineland Striders	
Boland	Robert	Warrington	PA	193	0	20	27	83.374	65	68	M	Greater Philadelphia TC	5
Mason	Robert	Wilmington	DE	200	0	20	41	83.320	65	69	M	Pike Creek Valley Running Club	3
Reynolds	Robert	Wyndmoor	PA	188	0	20	15	82.634	65	66	M	Greater Philadelphia TC	1
Steenkamer	Thomas	Rising Sun	MD	214	0	21	5	78.656	65	65	M	Pike Creek Valley Running Club	
Reilly	Philip	Philadelphia	PA	227	0	21	31	78.544	65	67	M	Greater Philadelphia TC	
Roth	Robert	Berlin	NJ	242	0	21	58	76.176	65	66	M	Pineland Striders	
Menasion	Samuel	Brookhaven	PA	262	0	22	38	74.669	65	67	M		
Mullen	Nace	Philadelphia	PA	324	0	24	0	70.417	65	67	M		
Dombrosky	Craig	Berlin	NJ	387	0	25	43	64.485	65	65	M	Pineland Striders	
Pellechio	Thomas	Doylestown	PA	498	0	29	10	58.457	65	68	M	Philadelphia Masters	
Morrison	Don	West Brandywine	PA	217	0	21	19	85.145	70	73	M	Greater Philadelphia TC	5
Frazza	Mark	Philadelphia	PA	290	0	23	25	78.719	70	74	M	Rosemont Running Club	3
Broadbent	Dave	Perkasie	PA	336	0	24	31	75.187	70	74	M	Greater Philadelphia TC	1
Sawyer	Steve	Philadelphia	PA	377	0	25	30	70.196	70	72	M	Greater Philadelphia TC	
Hellman	Jerry	Medford Lakes	NJ	430	0	26	42	65.293	70	70	M	Pineland Striders	
Bell	James	PHILADELPHIA	PA	481	0	28	37	69.307	75	78	M	Greater Philadelphia TC	5
Schuler	Robert	Marlton	NJ	647	0	33	11	56.504	75	75	M	Pineland Striders	3
Jennings	Thomas	Ft Washington	PA	401	0	26	3	79.655	80	80	M	Greater Philadelphia TC	5

*Age group scoring begins at age 15 based on Grand Prix Scoring rules