

Age Group and Club Results

Delaware Open Cross Country 5K

AGE GROUP RESULTS													
Last Name	First Name	City	State	Place	HH	MM	SS	WMA%	AG	Age	G	Club	Points
Kaiser	Bre	Shrewsbury	PA	28	0	23	25	62.918	19-39	23	F	Pike Creek Valley Running Club	5
Emmons	Allison	Wilmington	DE	16	0	21	30	72.946	40-49	45	F	Pike Creek Valley Running Club	5
Knothe	Lynn	Wilmington	DE	103	0	41	10	38.785	40-49	47	F	Pike Creek Valley Running Club	3
Dean	Abby	Wilmington	DE	31	0	23	40	72.042	50-59	53	F	Greater Philadelphia TC	5
Orchard	Nicole	Clementon	NJ	78	0	30	49	56.571	50-59	55	F	Pineland Striders	3
Longshore	Kristine	Doylestown	PA	105	0	56	6	31.432	50-59	56	F	Philadelphia Masters	1
Stoeckl	Bonnie	Pequea	PA	49	0	26	49	76.445	60-69	68	F	Rosemont Running Club	5
Boyer	Linda	North Wales	PA	54	0	27	26	72.722	60-69	66	F	Greater Philadelphia TC	3
Western	Jean	Hockessin	DE	67	0	28	53	65.609	60-69	62	F	Pike Creek Valley Running Club	1
Summers	Jan	Mullica Hill	NJ	77	0	30	8	63.717	60-69	63	F	Pineland Striders	
Kelley	Christine	Springfield	PA	87	0	31	47	60.409	60-69	63	F	Greater Philadelphia TC	
Siegel	Lauren	Elkins Park	PA	93	0	32	39	59.571	60-69	64	F	Greater Philadelphia TC	
Gurka	Mary Ann	Berlin	NJ	75	0	29	43	71.901	70+	71	F	Pineland Striders	5

Age Group and Club Results

Delaware Open Cross Country 5K

Last Name	First Name	City	State	Place	HH	MM	SS	WMA%	AG	Age	G	Club	Points
Creekmore	Joseph	Wilmington	DE	3	0	17	48	72.285	19-39	31	M	Pike Creek Valley Running Club	5
Hannagan	Mark	Bear	DE	11	0	20	38	62.682	19-39	33	M	Pike Creek Valley Running Club	3
Waniak	Stephen	Mount Laurel	NJ	44	0	25	55	51.061	19-39	37	M	Pineland Striders	1
LoBianco	Pete	York	PA	8	0	19	26	72.813	40-49	46	M	Pike Creek Valley Running Club	5
Castner	Keith	Glenside	PA	13	0	21	2	65.769	40-49	43	M	Rosemont Running Club	3
Flanagan	Michael	Newtown Square	PA	12	0	20	49	73.659	50-59	56	M	Greater Philadelphia TC	5
Cutrona	Matthew	Wilmington	DE	27	0	23	17	64.782	50-59	54	M	Greater Philadelphia TC	3
Cheng	Kwok-Ming	Wilmington	DE	48	0	26	48	57.214	50-59	56	M	Pike Creek Valley Running Club	1
Spalding	Robert	Cape May	NJ	89	0	31	51	48.142	50-59	56	M	Pineland Striders	
Davies	Keith	HATBORO	PA	21	0	22	17	74.420	60-69	65	M	Greater Philadelphia TC	5
Armstrong	Scott	Pottstown	PA	18	0	22	6	73.077	60-69	62	M	Greater Philadelphia TC	3
Wiechecki	David	Wilmington	DE	22	0	22	23	72.152	60-69	62	M	Pike Creek Valley Running Club	1
Steenkamer	Thomas	Rising Sun	MD	34	0	24	22	68.673	60-69	66	M	Pike Creek Valley Running Club	
Cauler	Gregory	York	PA	33	0	24	15	68.385	60-69	65	M	Pike Creek Valley Running Club	
Rose	William	Hockessin	DE	35	0	24	23	68.011	60-69	65	M	Pike Creek Valley Running Club	
Hatch	Stanley	Flourtown	PA	32	0	24	2	67.822	60-69	63	M	Greater Philadelphia TC	
Costello	John	Milton	DE	42	0	25	14	64.597	60-69	63	M	Pike Creek Valley Running Club	
Good	Patrick	West Chester	PA	55	0	27	33	61.343	60-69	67	M	Philadelphia Masters	
Dombrosky	Craig	Berlin	NJ	66	0	28	45	57.681	60-69	65	M	Pineland Striders	
Morrison	Don	West Brandywine	PA	39	0	24	44	74.528	70+	74	M	Greater Philadelphia TC	5
Frazza	Mark	Philadelphia	PA	62	0	28	15	66.372	70+	75	M	Rosemont Running Club	3
Dykes	Gene	Bala Cynwyd	PA	70	0	29	14	65.279	70+	76	M	Greater Philadelphia TC	1

Age Group and Club Results

Delaware Open Cross Country 5K

CLUB RESULTS													
Last Name	First Name	City	State	Place	HH	MM	SS	WMA%	AG	Age	G	Club	Points
Morrison	Don	West Brandywine	PA	39	0	24	44	74.528	70+	74	M	Greater Philadelphia TC	
Davies	Keith	HATBORO	PA	21	0	22	17	74.420	60-69	65	M	Greater Philadelphia TC	
Flanagan	Michael	Newtown Square	PA	12	0	20	49	73.659	50-59	56	M	Greater Philadelphia TC	
Armstrong	Scott	Pottstown	PA	18	0	22	6	73.077	60-69	62	M	Greater Philadelphia TC	
Boyer	Linda	North Wales	PA	54	0	27	26	72.722	60-69	66	F	Greater Philadelphia TC	368.406
Dean	Abby	Wilmington	DE	31	0	23	40	72.042	50-59	53	F	Greater Philadelphia TC	
Hatch	Stanley	Flourtown	PA	32	0	24	2	67.822	60-69	63	M	Greater Philadelphia TC	
Dykes	Gene	Bala Cynwyd	PA	70	0	29	14	65.279	70+	76	M	Greater Philadelphia TC	
Cutrona	Matthew	Wilmington	DE	27	0	23	17	64.782	50-59	54	M	Greater Philadelphia TC	
Kelley	Christine	Springfield	PA	87	0	31	47	60.409	60-69	63	F	Greater Philadelphia TC	
Siegel	Lauren	Elkins Park	PA	93	0	32	39	59.571	60-69	64	F	Greater Philadelphia TC	
Good	Patrick	West Chester	PA	55	0	27	33	61.343	60-69	67	M	Philadelphia Masters	
Longshore	Kristine	Doylestown	PA	105	0	56	6	31.432	50-59	56	F	Philadelphia Masters	92.775
Emmons	Allison	Wilmington	DE	16	0	21	30	72.946	40-49	45	F	Pike Creek Valley Running Club	
LoBianco	Pete	York	PA	8	0	19	26	72.813	40-49	46	M	Pike Creek Valley Running Club	
Creekmore	Joseph	Wilmington	DE	3	0	17	48	72.285	19-39	31	M	Pike Creek Valley Running Club	
Wiechecki	David	Wilmington	DE	22	0	22	23	72.152	60-69	62	M	Pike Creek Valley Running Club	
Steenkamer	Thomas	Rising Sun	MD	34	0	24	22	68.673	60-69	66	M	Pike Creek Valley Running Club	358.868
Cauler	Gregory	York	PA	33	0	24	15	68.385	60-69	65	M	Pike Creek Valley Running Club	
Rose	William	Hockessin	DE	35	0	24	23	68.011	60-69	65	M	Pike Creek Valley Running Club	
Western	Jean	Hockessin	DE	67	0	28	53	65.609	60-69	62	F	Pike Creek Valley Running Club	
Brenner	Laura	Lancaster	PA	23	0	22	34	65.436	19-39	33	F	Pike Creek Valley Running Club	
Costello	John	Milton	DE	42	0	25	14	64.597	60-69	63	M	Pike Creek Valley Running Club	
Kaiser	Bre	Shrewsbury	PA	28	0	23	25	62.918	19-39	23	F	Pike Creek Valley Running Club	
Hannagan	Mark	Bear	DE	11	0	20	38	62.682	19-39	33	M	Pike Creek Valley Running Club	
Cheng	Kwok-Ming	Wilmington	DE	48	0	26	48	57.214	50-59	56	M	Pike Creek Valley Running Club	
Knothe	Lynn	Wilmington	DE	103	0	41	10	38.785	40-49	47	F	Pike Creek Valley Running Club	

Age Group and Club Results

Delaware Open Cross Country 5K

Gurka	Mary Ann	Berlin	NJ	75	0	29	43	71.901	70+	71	F	Pineland Striders	
Summers	Jan	Mullica Hill	NJ	77	0	30	8	63.717	60-69	63	F	Pineland Striders	
Dombrosky	Craig	Berlin	NJ	66	0	28	45	57.681	60-69	65	M	Pineland Striders	
Orchard	Nicole	Clementon	NJ	78	0	30	49	56.571	50-59	55	F	Pineland Striders	
Waniak	Stephen	Mount Laurel	NJ	44	0	25	55	51.061	19-39	37	M	Pineland Striders	300.931
Spalding	Robert	Cape May	NJ	89	0	31	51	48.142	50-59	56	M	Pineland Striders	
Stoeckl	Bonnie	Pequea	PA	49	0	26	49	76.445	60-69	68	F	Rosemont Running Club	
Frazza	Mark	Philadelphia	PA	62	0	28	15	66.372	70+	75	M	Rosemont Running Club	
Castner	Keith	Glenside	PA	13	0	21	2	65.769	40-49	43	M	Rosemont Running Club	208.585