

## Age Group and Club Results

## First State Trail Race 10K

| AGE GROUP RESULTS |               |                   |       |       |    |    |    |        |       |     |   |                                |        |
|-------------------|---------------|-------------------|-------|-------|----|----|----|--------|-------|-----|---|--------------------------------|--------|
| Last Name         | First Name    | City              | State | Place | HH | MM | SS | WMA%   | AG    | Age | G | Club                           | Points |
| Murdock           | Kelly Frances | West Lawn         | PA    | 10    | 0  | 50 | 19 | 59.411 | 40-49 | 40  | F | Rosemont Running Club          | 5      |
| Zegestowsky       | Jody          | Huntingdon Valley | PA    | 13    | 0  | 51 | 10 | 59.187 | 40-49 | 42  | F | Rosemont Running Club          | 3      |
| McElroy           | Meaghan       | Mt Laurel         | NJ    | 27    | 1  | 0  | 2  | 53.142 | 40-49 | 48  | F | Pineland Striders              | 1      |
| Knothe            | Lynn          | Wilmington        | DE    | 85    | 1  | 25 | 37 | 37.262 | 40-49 | 48  | F | Pike Creek Valley Running Club |        |
| Dean              | Abby          | Wilmington        | DE    | 18    | 0  | 54 | 33 | 61.866 | 50-59 | 53  | F | Greater Philadelphia TC        | 5      |
| Cone              | Beth          | Medford Lakes     | NJ    | 38    | 1  | 4  | 42 | 54.715 | 50-59 | 57  | F | Pineland Striders              | 3      |
| Mroz              | Denise        | Haddon Heights    | NJ    | 39    | 1  | 4  | 42 | 54.050 | 50-59 | 56  | F | Pineland Striders              | 1      |
| Orchard           | Nicole        | Clementon         | NJ    | 54    | 1  | 14 | 15 | 47.098 | 50-59 | 56  | F | Pineland Striders              |        |
| Western           | Jean          | Hockessin         | DE    | 30    | 1  | 3  | 5  | 60.559 | 60-69 | 63  | F | Pike Creek Valley Running Club | 5      |
| Summers           | Jan           | Mullica Hill      | NJ    | 41    | 1  | 6  | 33 | 57.405 | 60-69 | 63  | F | Pineland Striders              | 3      |
| Gurka             | Mary Ann      | Berlin            | NJ    | 46    | 1  | 8  | 58 | 62.865 | 70+   | 72  | F | Pineland Striders              | 5      |
| Rubinoff          | Andrea        | Bear              | DE    | 53    | 1  | 14 | 2  | 56.857 | 70+   | 70  | F | Pike Creek Valley Running Club | 3      |
| Waddell           | Nancy         | New Castle        | DE    | 89    | 1  | 28 | 14 | 49.882 | 70+   | 73  | F |                                | 1      |

## Age Group and Club Results

## First State Trail Race 10K

| Last Name | First Name | City           | State | Place | HH | MM | SS | WMA%   | AG    | Age | G | Club                           | Points |
|-----------|------------|----------------|-------|-------|----|----|----|--------|-------|-----|---|--------------------------------|--------|
| Tambasov  | Yury       | Philadelphia   | PA    | 1     | 0  | 38 | 46 | 68.725 | 19-39 | 35  | M | Rosemont Running Club          | 5      |
| Milks     | Brett      | Pitman         | NJ    | 6     | 0  | 47 | 24 | 56.706 | 19-39 | 37  | M | South Jersey Athletic Club     | 3      |
| Hannagan  | Mark       | Wilmington     | DE    | 11    | 0  | 50 | 28 | 52.617 | 19-39 | 34  | M | Pike Creek Valley Running Club | 1      |
| Waniak    | Stephen    | Mount Laurel   | NJ    | 25    | 0  | 59 | 22 | 45.275 | 19-39 | 37  | M | Pineland Striders              |        |
| Fries     | Charles    | Douglassville  | PA    | 3     | 0  | 45 | 3  | 62.269 | 40-49 | 43  | M |                                | 5      |
| Castner   | Keith      | Glenside       | PA    | 5     | 0  | 46 | 36 | 60.198 | 40-49 | 43  | M | Rosemont Running Club          | 3      |
| Aurilia   | Ryan       | Laurel springs | NJ    | 4     | 0  | 46 | 26 | 59.003 | 40-49 | 40  | M | South Jersey Athletic Club     | 1      |
| Foster    | Kurt       | Berlin         | NJ    | 15    | 0  | 52 | 2  | 55.687 | 40-49 | 47  | M | Pineland Striders              |        |
| Steever   | Donald     | Howell         | NJ    | 21    | 0  | 57 | 17 | 51.430 | 40-49 | 49  | M | Pineland Striders              |        |
| Schouten  | Ian        | Lititz         | PA    | 2     | 0  | 44 | 25 | 73.055 | 50-59 | 60  | M | Rosemont Running Club          | 5      |
| Flanagan  | Michael    | Newtown Square | PA    | 7     | 0  | 48 | 44 | 64.792 | 50-59 | 57  | M | Greater Philadelphia TC        | 3      |
| Cutrona   | Matthew    | Wilmington     | DE    | 14    | 0  | 51 | 54 | 59.244 | 50-59 | 54  | M | Greater Philadelphia TC        | 1      |
| Wiechecki | David      | Wilmington     | DE    | 12    | 0  | 50 | 30 | 66.082 | 60-69 | 63  | M | Pike Creek Valley Running Club | 5      |
| Hatch     | Stanley    | Flourtown      | PA    | 16    | 0  | 52 | 8  | 64.011 | 60-69 | 63  | M | Greater Philadelphia TC        | 3      |
| Cauler    | Gregory    | York           | PA    | 29    | 1  | 2  | 46 | 54.195 | 60-69 | 65  | M | Pike Creek Valley Running Club | 1      |
| Dombrosky | Craig      | Berlin         | NJ    | 33    | 1  | 3  | 47 | 53.851 | 60-69 | 66  | M | Pineland Striders              |        |
| Stenzel   | Robert     | Mullica Hill   | NJ    | 51    | 1  | 12 | 29 | 48.331 | 60-69 | 68  | M | Pineland Striders              |        |
| Hellman   | Jerry      | Medford Lakes  | NJ    | 58    | 1  | 14 | 59 | 48.177 | 70+   | 71  | M | Pineland Striders              | 5      |

## Age Group and Club Results

## First State Trail Race 10K

| CLUB RESULTS |            |                |       |       |    |    |    |               |       |     |   |                                |                |
|--------------|------------|----------------|-------|-------|----|----|----|---------------|-------|-----|---|--------------------------------|----------------|
| Last Name    | First Name | City           | State | Place | HH | MM | SS | WMA%          | AG    | Age | G | Club                           | Points         |
| Flanagan     | Michael    | Newtown Square | PA    | 7     | 0  | 48 | 44 | <b>64.792</b> | 50-59 | 57  | M | Greater Philadelphia TC        |                |
| Hatch        | Stanley    | Flourtown      | PA    | 16    | 0  | 52 | 8  | <b>64.011</b> | 60-69 | 63  | M | Greater Philadelphia TC        |                |
| Dean         | Abby       | Wilmington     | DE    | 18    | 0  | 54 | 33 | <b>61.866</b> | 50-59 | 53  | F | Greater Philadelphia TC        |                |
| Cutrona      | Matthew    | Wilmington     | DE    | 14    | 0  | 51 | 54 | <b>59.244</b> | 50-59 | 54  | M | Greater Philadelphia TC        | <b>249.913</b> |
| Wiechecki    | David      | Wilmington     | DE    | 12    | 0  | 50 | 30 | <b>66.082</b> | 60-69 | 63  | M | Pike Creek Valley Running Club |                |
| Western      | Jean       | Hockessin      | DE    | 30    | 1  | 3  | 5  | <b>60.559</b> | 60-69 | 63  | F | Pike Creek Valley Running Club |                |
| Rubioff      | Andrea     | Bear           | DE    | 53    | 1  | 14 | 2  | <b>56.857</b> | 70+   | 70  | F | Pike Creek Valley Running Club |                |
| Cauler       | Gregory    | York           | PA    | 29    | 1  | 2  | 46 | <b>54.195</b> | 60-69 | 65  | M | Pike Creek Valley Running Club |                |
| Hannagan     | Mark       | Wilmington     | DE    | 11    | 0  | 50 | 28 | <b>52.617</b> | 19-39 | 34  | M | Pike Creek Valley Running Club | <b>290.310</b> |
| Knothe       | Lynn       | Wilmington     | DE    | 85    | 1  | 25 | 37 | 37.262        | 40-49 | 48  | F | Pike Creek Valley Running Club |                |
| Gurka        | Mary Ann   | Berlin         | NJ    | 46    | 1  | 8  | 58 | <b>62.865</b> | 70+   | 72  | F | Pineland Striders              |                |
| Summers      | Jan        | Mullica Hill   | NJ    | 41    | 1  | 6  | 33 | <b>57.405</b> | 60-69 | 63  | F | Pineland Striders              |                |
| Foster       | Kurt       | Berlin         | NJ    | 15    | 0  | 52 | 2  | <b>55.687</b> | 40-49 | 47  | M | Pineland Striders              |                |
| Cone         | Beth       | Medford Lakes  | NJ    | 38    | 1  | 4  | 42 | <b>54.715</b> | 50-59 | 57  | F | Pineland Striders              |                |
| Mroz         | Denise     | Haddon Heights | NJ    | 39    | 1  | 4  | 42 | <b>54.050</b> | 50-59 | 56  | F | Pineland Striders              | <b>284.722</b> |
| Dombrosky    | Craig      | Berlin         | NJ    | 33    | 1  | 3  | 47 | 53.851        | 60-69 | 66  | M | Pineland Striders              |                |
| McElroy      | Meaghan    | Mt Laurel      | NJ    | 27    | 1  | 0  | 2  | 53.142        | 40-49 | 48  | F | Pineland Striders              |                |
| Steever      | Donald     | Howell         | NJ    | 21    | 0  | 57 | 17 | 51.430        | 40-49 | 49  | M | Pineland Striders              |                |
| Stenzel      | Robert     | Mullica Hill   | NJ    | 51    | 1  | 12 | 29 | 48.331        | 60-69 | 68  | M | Pineland Striders              |                |
| Hellman      | Jerry      | Medford Lakes  | NJ    | 58    | 1  | 14 | 59 | 48.177        | 70+   | 71  | M | Pineland Striders              |                |
| Orchard      | Nicole     | Clementon      | NJ    | 54    | 1  | 14 | 15 | 47.098        | 50-59 | 56  | F | Pineland Striders              |                |
| Waniak       | Stephen    | Mount Laurel   | NJ    | 25    | 0  | 59 | 22 | 45.275        | 19-39 | 37  | M | Pineland Striders              |                |

## Age Group and Club Results

## First State Trail Race 10K

|             |               |                   |    |    |   |    |    |        |              |    |   |                            |                |
|-------------|---------------|-------------------|----|----|---|----|----|--------|--------------|----|---|----------------------------|----------------|
| Schouten    | Ian           | Lititz            | PA | 2  | 0 | 44 | 25 | 73.055 | <b>50-59</b> | 60 | M | Rosemont Running Club      |                |
| Tambasov    | Yury          | Philadelphia      | PA | 1  | 0 | 38 | 46 | 68.725 | <b>19-39</b> | 35 | M | Rosemont Running Club      |                |
| Castner     | Keith         | Glenside          | PA | 5  | 0 | 46 | 36 | 60.198 | <b>40-49</b> | 43 | M | Rosemont Running Club      |                |
| Murdock     | Kelly Frances | West Lawn         | PA | 10 | 0 | 50 | 19 | 59.411 | <b>40-49</b> | 40 | F | Rosemont Running Club      |                |
| Zegestowsky | Jody          | Huntingdon Valley | PA | 13 | 0 | 51 | 10 | 59.187 | <b>40-49</b> | 42 | F | Rosemont Running Club      | <b>320.575</b> |
| Aurilia     | Ryan          | Laurel springs    | NJ | 4  | 0 | 46 | 26 | 59.003 | <b>40-49</b> | 40 | M | South Jersey Athletic Club |                |
| Milks       | Brett         | Pitman            | NJ | 6  | 0 | 47 | 24 | 56.706 | <b>19-39</b> | 37 | M | South Jersey Athletic Club | <b>115.709</b> |
| Fries       | Charles       | Douglassville     | PA | 3  | 0 | 45 | 3  | 62.269 | 40-49        | 43 | M | Unattached                 |                |
| Waddell     | Nancy         | New Castle        | DE | 89 | 1 | 28 | 14 | 49.882 | 70+          | 73 | F | Unattached                 |                |