

November 2, 2025

USATF Mid-Atlantic 2025 Grand Prix

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Age Group Results

Cooper Norcross Run The Bridge Event 10K

Last Name	First Name	City	State	Place	HH	MM	SS	AP%	AG	AGE	G	Club	Points
Kayhan	Zarah	Philadelphia	PA	32	0	38	27	74.816	20	24	F	Philadelphia Runner Track Club	5
Morro (Corrigan)	Abigail	Narberth	PA	16	0	35	1	82.151	25	27	F	Liberty Track Club	5
Condell	Alyssa	Runnemede	NJ	22	0	36	40	78.455	25	26	F	Philadelphia Runner Track Club	3
Burd	Emily	Havertown	PA	41	0	39	35	72.674	25	26	F	Liberty Track Club	1
Hayman	Lindsay	Newark	DE	18	0	35	53	80.814	30	33	F	Pike Creek Valley Running Club	5
Dawson	Deirdre	Philadelphia	PA	189	0	47	58	60.842	30	35	F	South Jersey Athletic Club	3
Swierzbinski	Elizabeth	Wilmington	DE	27	0	37	11	79.511	35	38	F	Pike Creek Valley Running Club	5
LaPorta	Jessica	West Deptford	NJ	73	0	43	0	69.118	35	39	F	South Jersey Athletic Club	3
Creamer	Samantha	Mount Laurel	NJ	1021	1	5	29	44.932	35	37	F	Pineland Striders	1
Rusk	Sarah	Wilmington	DE	59	0	41	21	74.982	40	45	F	Pike Creek Valley Running Club	5
Campisi	Lisa	Marlton	NJ	794	1	1	22	50.103	40	44	F	South Jersey Athletic Club	3
Emmons	Allison	Wilmington	DE	23	0	36	49	84.975	45	46	F	Pike Creek Valley Running Club	5
Giroto	Sara	Wynnewood	PA	38	0	39	21	81.947	45	49	F	Greater Philadelphia TC	3
Smith	Lauren	Pilesgrove	NJ	1067	1	06	45	47.794	45	48	F	South Jersey Athletic Club	1
Ellis	Branwen	Pemberton	NJ	1165	1	8	31	47.591	45	50	F	Pineland Striders	
McHugh	Siobhan	Line Lexington	PA	82	0	43	47	77.985	50	54	F	Greater Philadelphia TC	5
Dietrick	Kimberly	Malvern	PA	81	0	43	44	76.281	50	52	F	Greater Philadelphia TC	3
Broadbent	Anabelle	Perkasie	PA	113	0	45	50	78.191	55	58	F	Greater Philadelphia TC	5
Cone	Beth	Medford Lakes	NJ	258	0	50	30	70.101	55	57	F	Pineland Striders	
Mroz	Denise	Haddon Heights	NJ	402	0	54	36	64.048	55	56	F	Pineland Striders	
Harvey	Michelle	Atco	NJ	1481	1	18	18	46.341	55	59	F	Pineland Striders	
Summers	Jan	Mullica Hill	NJ	391	0	54	22	71.205	60	64	F	Pineland Striders	5
McCoy	Marjory	Haddonfield	NJ	811	1	1	20	60.683	60	61	F	South Jersey Athletic Club	3
MacFarlane	Kathleen	Collingswood	NJ	881	1	3	0	60.639	60	63	F	South Jersey Athletic Club	1
McGowan	Karen	Medford	NJ	222	0	49	32	82.576	65	68	F	Pineland Striders	5
Wolf	Ann	Marlton	NJ	370	0	53	45	77.184	65	69	F	Pineland Striders	3
Siegel	Lauren	Elkins Park	PA	366	0	53	50	72.891	65	65	F	Greater Philadelphia TC	1
Hill	Shelley	West Deptford	NJ	1272	1	11	38	58.762	69	70	F	Pineland Striders	

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Gurka	Mary Ann	Berlin	NJ	485	0	56	0	77.421	70	72	F	Pineland Striders	5
Waddell	Nancy	New Castle	DE	808	1	1	6	73.142	70	74	F		3
Brynko	Barbara	Marlton	NJ	1214	1	10	10	60.872	70	71	F	Pineland Striders	1
Belardo	Kathleen	Landenberg	PA	1654	1	31	51	49.423	75	75	F	Pike Creek Valley Running Club	5
Olmstead	Betty	Wilmington	DE	1702	1	44	32	46.809	75	79	F	Pike Creek Valley Running Club	3
Folzer	Sandra	Philadelphia	PA	1190	1	8	56	87.231	85	86	F	Greater Philadelphia TC	5

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Coffey	Matthew	Philadelphia	PA	5	0	32	35	81.023	20	25	M	Philadelphia Runner Track Club	5
Swierzbinski	Anthony	Wilmington	DE	11	0	34	9	79.656	35	39	M	Pike Creek Valley Running Club	5
MacFarlane	Colin	Collingswood	NJ	12	0	34	26	78.059	35	37	M	South Jersey Athletic Club	3
Waniak	Stephen	Mount Laurel	NJ	948	1	4	41	41.788	35	38	M	Pineland Striders	1
Reitinger	Eric	Mount Laurel	NJ	7	0	32	59	83.716	40	41	M	Philadelphia Runner Track Club	5
Abdelhamid	Omar	Cherry Hill	NJ	20	0	36	23	78.351	40	45	M	Pineland Striders	3
Van Hoogenstyn	Andrew	Wilmington	DE	17	0	35	22	78.074	40	41	M		1
Aquino	Lee	Cherry Hill	NJ	67	0	42	21	64.692	40	40	M	Pineland Striders	
Cutrona	Matthew	Wilmington	DE	54	0	40	56	75.779	50	55	M	Greater Philadelphia TC	5
Downey	James	Boothwyn	PA	51	0	40	22	73.599	50	50	M		3
Buvac	Vanja	Philadelphia	PA	103	0	45	23	67.751	50	54	M	Greater Philadelphia TC	1
Gualano	Stephen	Easton	PA	156	0	47	41	65.051	50	55	M	Philadelphia Masters	
Harte	Tim	Coatesville	PA	21	0	36	37	86.232	55	57	M	Greater Philadelphia TC	5
Bodels	Colin	Drexel Hill	PA	29	0	38	21	81.602	55	56	M	Greater Philadelphia TC	3
Lombardi	James	Oreland	PA	512	0	56	8	57.278	55	59	M	Ambler Area Running Club	1
Mazo	Daniel	Bala Cynwyd	PA	36	0	39	14	84.260	60	62	M	Greater Philadelphia TC	5
Hranilovich	Stephen	Phoenixville	PA	85	0	44	13	74.763	60	62	M	Greater Philadelphia TC	3
Wiechecki	David	Wilmington	DE	99	0	45	17	73.694	60	63	M	Pike Creek Valley Running Club	1
Rose	William	Hockessin	DE	64	0	42	5	81.619	65	66	M	Pike Creek Valley Running Club	5
Boland	Robert	Warrington	PA	89	0	44	21	79.784	65	69	M	Greater Philadelphia TC	3
Cauller	Gregory	York	PA	88	0	44	30	77.187	65	66	M	Pike Creek Valley Running Club	1
Roth	Robert	Berlin	NJ	174	0	48	8	72.064	65	67	M	Pineland Striders	
Cooper	Stanley	Cherry Hill	NJ	275	0	51	12	67.086	65	66	M	South Jersey Athletic Club	
Dombrosky	Craig	Berlin	NJ	319	0	52	18	65.675	65	66	M	Pineland Striders	

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Marino	Jerry	Williamstown	NJ	343	0	52	55	72.012	70	75	M	South Jersey Athletic Club	5
Pellechio	Thomas	Doylestown	PA	555	0	57	2	62.671	70	70	M	Greater Philadelphia TC	3
Sacks	Frederick	Cherry Hill	NJ	1495	1	18	55	46.315	70	72	M	Pineland Striders	1
Morrison	Don	West Brandywine	PA	108	0	45	41	83.414	75	75	M	Greater Philadelphia TC	5
Broadbent	Dave	Perkasie	PA	307	0	52	2	73.234	75	75	M	Greater Philadelphia TC	3
Aloyo	Vincent	blue bell	PA	732	1	0	51	66.015	75	78	M	Greater Philadelphia TC	1
Bell	James	PHILADELPHIA	PA	908	1	3	52	65.602	75	80	M	Greater Philadelphia TC	
Jennings	Thomas	Ft Washington	PA	451	0	55	21	77.480	80	81	M	Greater Philadelphia TC	5