



# **USATF MID-ATLANTIC Association 2026 Indoor Youth Championships Sunday, January 18, 2026**

## **Location and Directions**

Alvernia University, PLEX Facility.  
465 St. Bernardine Street  
Reading, Pa. 19607

## **Time**

Packet picks up: 8:00- 9:00 a.m.  
Coaches meeting: 8:15 a.m.  
**\*Meet will begin promptly at 8:30 a.m. for  
Long Jump and the rest of Field events at  
9:00.**  
Track events will start at 9:30.

## **Registration and Fees**

Registration deadline:  
5:30 p.m. Thursday, January 15, 2026

Entries and payment are accepted online only  
at Athletic.net website.

Entry fee: \$10/per event; \$40/relay team  
Maximum four events per athlete.

ONLINE REGISTRATION ONLY.  
NO DAY-OF-MEET ENTRY.  
NO REFUNDS.

## **Volunteers**

Please have someone volunteer who has their  
clearances to make this event run smoothly.

## **2026 Age Divisions**

<u>Age Group</u>	<u>Birth Year</u>
8 and under	2018+
9 to 10	2016-2017
11 to 12	2014-2015
13 to 14	2012-2013
15 to 16	2010-2011
17 to 18	2008-2009

## **Order of Events**

<u>Track Events</u>	<u>Field Events</u>
3000m	Long Jump
1500m	Shot Put
60m H Trials	Pole Vault
60m Trials	High Jump
400m	Triple Jump
4x200m Relay	
3000m RW	
1500m RW	
800m	
60m H Final	
60m Final	
200m	
4x400m Relay	

Schedule subject to change based on number  
of entrants and time elapsed.

## **Awards**

Medals for 1<sup>st</sup> to 3<sup>rd</sup> places (for Mid-Atlantic  
members only)

## **Contact**

Contact Nelson Berrios at  
nberrios@comcast.net with questions.