

## Individual Results

## Fireside Frostbite 5 Miler

| Last Name  | First Name | City           | State | Place | HH | MM | SS | AP%    | AG | AGE | G | Club                           |
|------------|------------|----------------|-------|-------|----|----|----|--------|----|-----|---|--------------------------------|
| Abdelhamid | Omar       | Cherry Hill    | NJ    | 36    | 0  | 29 | 4  | 78.626 | 45 | 45  | M | South Jersey Distance Project  |
| Addison    | Evan       | Philadelphia   | PA    | 1     | 0  | 24 | 36 | 85.637 | 25 | 26  | M |                                |
| Albans     | Brian      | Kennett Square | PA    | 106   | 0  | 32 | 34 | 73.085 | 50 | 50  | M | Pike Creek Valley Running Club |
| Albright   | Andrew     | Maple Glen     | PA    | 161   | 0  | 35 | 23 | 70.177 | 55 | 55  | M | Greater Philadelphia TC        |
| Aloyo      | Vincent    | blue bell      | PA    | 599   | 0  | 50 | 1  | 65.739 | 75 | 79  | M | Greater Philadelphia TC        |
| Amengual   | Cody       | Philadelphia   | PA    | 116   | 0  | 33 | 5  | 63.965 | 30 | 33  | M | Philadelphia Runner Track Club |
| Anderson   | Chris      | Wilmington     | DE    | 57    | 0  | 30 | 6  | 79.075 | 50 | 50  | M | Pike Creek Valley Running Club |
| Armstrong  | Scott      | Pottstown      | PA    | 175   | 0  | 35 | 55 | 74.274 | 60 | 63  | M | Greater Philadelphia TC        |
| Assal      | Jim        | Lansdale       | PA    | 761   | 0  | 58 | 47 | 61.704 | 80 | 83  | M | Greater Philadelphia TC        |
| Aurilia    | Ryan       | Laurel springs | NJ    | 61    | 0  | 30 | 21 | 72.974 | 40 | 41  | M | South Jersey Athletic Club     |
| Becker     | John       | Berwyn         | PA    | 29    | 0  | 28 | 24 | 81.775 | 45 | 47  | M | Greater Philadelphia TC        |
| Betti      | Federico   | Chalfont       | PA    | 70    | 0  | 30 | 39 | 77.656 | 50 | 50  | M | Greater Philadelphia TC        |
| Birnie     | Finn       | Coatesville    | PA    | 3     | 0  | 25 | 32 | 82.507 | 25 | 25  | M | Philadelphia Runner Track Club |
| Boland     | Robert     | Warrington     | PA    | 158   | 0  | 35 | 17 | 80.948 | 70 | 70  | M | Greater Philadelphia TC        |
| Boyer      | Linda      | North Wales    | PA    | 340   | 0  | 41 | 51 | 78.519 | 65 | 68  | F | Greater Philadelphia TC        |
| Brenner    | Laura      | MOUNT WOLF     | PA    | 100   | 0  | 32 | 1  | 72.491 | 30 | 34  | F | Pike Creek Valley Running Club |
| Broadbent  | Anabelle   | Perkasie       | PA    | 185   | 0  | 36 | 17 | 79.337 | 55 | 58  | F | Greater Philadelphia TC        |
| Broadbent  | Dave       | Perkasie       | PA    | 455   | 0  | 45 | 41 | 67.935 | 75 | 76  | M | Greater Philadelphia TC        |
| Brown      | John       | Kennett Square | PA    | 207   | 0  | 37 | 2  | 75.555 | 65 | 68  | M | Pike Creek Valley Running Club |
| Brynko     | Barbara    | Marlton        | NJ    | 733   | 0  | 56 | 22 | 61.797 | 70 | 72  | F | Pineland Striders              |
| Cauler     | Gregory    | WILMINGTON     | DE    | 165   | 0  | 35 | 28 | 77.382 | 65 | 66  | M | Pike Creek Valley Running Club |
| Cellucci   | Adrienne   | Philadelphia   | PA    | 126   | 0  | 33 | 28 | 68.661 | 30 | 30  | F | Philadelphia Runner Track Club |
| Chau       | Jocelyn    | Philadelphia   | PA    | 73    | 0  | 30 | 41 | 74.688 | 25 | 25  | F | Liberty Track Club             |
| Coda       | Liz        | Philadelphia   | PA    | 115   | 0  | 33 | 2  | 70.260 | 30 | 34  | F | Philadelphia Runner Track Club |
| Coleman    | Jonathan   | Newark         | DE    | 153   | 0  | 34 | 58 | 60.520 | 30 | 33  | M | Pike Creek Valley Running Club |
| Condell    | Alyssa     | Runnemede      | NJ    | 66    | 0  | 30 | 27 | 75.260 | 25 | 26  | F | Philadelphia Runner Track Club |
| Cooper     | Stanley    | Cherry Hill    | NJ    | 561   | 0  | 48 | 54 | 56.663 | 65 | 67  | M | South Jersey Athletic Club     |
| Costello   | John       | Lewes          | DE    | 171   | 0  | 35 | 38 | 76.285 | 65 | 65  | M | Pike Creek Valley Running Club |
| Crawford   | Benjamin   | Haddonfield    | NJ    | 150   | 0  | 34 | 51 | 70.038 | 50 | 53  | M | South Jersey Distance Project  |

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|------------|----------|--------------|----|-----|---|----|----|--------|----|----|---|--------------------------------|
| David      | Adam     | Cherry Hill  | NJ | 60  | 0 | 30 | 21 | 75.301 | 45 | 45 | M | South Jersey Distance Project  |
| Dawson     | Greg     | Lancaster    | PA | 46  | 0 | 29 | 32 | 71.332 | 25 | 29 | M | Red Rose Track Club            |
| Delfidio   | Susan    | Ambler       | PA | 137 | 0 | 34 | 9  | 75.021 | 45 | 48 | F | Greater Philadelphia TC        |
| Dever      | Samuel   | Wyomissing   | PA | 64  | 0 | 30 | 23 | 69.482 | 30 | 32 | M | Red Rose Track Club            |
| Dinzeo     | Tom      | Glassboro    | NJ | 99  | 0 | 31 | 59 | 74.418 | 50 | 50 | M | South Jersey Athletic Club     |
| Dixon      | Crystal  | Voorhees     | NJ | 428 | 0 | 44 | 59 | 66.464 | 60 | 61 | F | Pineland Striders              |
| Dooley     | Emily    | PHILADELPHIA | PA | 59  | 0 | 30 | 9  | 76.730 | 30 | 33 | F | Philadelphia Runner Track Club |
| Dorean     | Ian      | Philadelphia | PA | 72  | 0 | 30 | 40 | 75.731 | 45 | 47 | M | Greater Philadelphia TC        |
| Dotz       | Stephen  | Philadelphia | PA | 40  | 0 | 29 | 22 | 73.358 | 35 | 37 | M | Philadelphia Runner Track Club |
| Duby       | Jordyn   | Philadelphia | PA | 93  | 0 | 31 | 49 | 72.027 | 20 | 22 | F | Philadelphia Runner Track Club |
| Dunn       | Gavin    | Trappe       | PA | 140 | 0 | 34 | 18 | 64.925 | *  | 15 | M |                                |
| Dunn       | Karen    | Trappe       | PA | 119 | 0 | 33 | 10 | 78.092 | 45 | 49 | F | Greater Philadelphia TC        |
| Dyer       | nicole   | Glassboro    | NJ | 90  | 0 | 31 | 46 | 74.379 | 35 | 38 | F | South Jersey Athletic Club     |
| Eby        | Matt     | Lancaster    | PA | 48  | 0 | 29 | 42 | 71.779 | 35 | 35 | M | Red Rose Track Club            |
| Elliott    | Tom      | Cinnaminson  | NJ | 63  | 0 | 30 | 22 | 79.704 | 50 | 52 | M | South Jersey Distance Project  |
| Emmons     | Allison  | Wilmington   | DE | 49  | 0 | 29 | 44 | 84.437 | 45 | 46 | F | Pike Creek Valley Running Club |
| England    | Robin    | Oaklyn       | NJ | 85  | 0 | 31 | 33 | 74.156 | 35 | 36 | F | South Jersey Distance Project  |
| Estrada    | Alex     | Mount Laurel | NJ | 636 | 0 | 51 | 1  | 52.785 | 60 | 64 | M | Pineland Striders              |
| Fanelli    | Lorena   | Phoenixville | PA | 403 | 0 | 44 | 2  | 60.152 | 50 | 51 | F | Greater Philadelphia TC        |
| Feehan     | Megan    | Philadelphia | PA | 102 | 0 | 32 | 24 | 74.839 | 40 | 42 | F | Philadelphia Runner Track Club |
| Filippelli | liz      | Glenside     | PA | 30  | 0 | 28 | 27 | 81.579 | 30 | 34 | F |                                |
| Folzer     | Sandra   | Philadelphia | PA | 693 | 0 | 53 | 59 | 88.792 | 85 | 86 | F | Greater Philadelphia TC        |
| Foster     | Kurt     | mount laurel | NJ | 184 | 0 | 36 | 14 | 64.616 | 45 | 48 | M | Pineland Striders              |
| Frazza     | Mark     | Philadelphia | PA | 312 | 0 | 40 | 55 | 75.850 | 75 | 76 | M | Rosemont Running Club          |
| Gagliardi  | Theresa  | Glenolden    | PA | 156 | 0 | 35 | 10 | 68.951 | 40 | 42 | F | Greater Philadelphia TC        |
| Gibbons    | Erin     | Philadelphia | PA | 77  | 0 | 31 | 3  | 73.902 | 25 | 29 | F | Philadelphia Runner Track Club |
| Giroto     | Sara     | Wynnewood    | PA | 94  | 0 | 31 | 53 | 82.145 | 50 | 50 | F | Greater Philadelphia TC        |
| Goldblum   | Ryan     | Lansdale     | PA | 134 | 0 | 33 | 59 | 69.458 | 45 | 49 | M | Ambler Area Running Club       |
| Groff      | David    | Cherry Hill  | NJ | 169 | 0 | 35 | 34 | 77.165 | 65 | 66 | M | Pineland Striders              |
| Gualano    | Stephen  | Easton       | PA | 241 | 0 | 38 | 14 | 64.946 | 55 | 55 | M | Philadelphia Masters           |
| Gurka      | Mary Ann | Berlin       | NJ | 416 | 0 | 44 | 36 | 79.282 | 70 | 73 | F | Pineland Striders              |

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|             |             |                   |    |     |   |    |    |        |    |    |   |                                |
|-------------|-------------|-------------------|----|-----|---|----|----|--------|----|----|---|--------------------------------|
| Hallock     | John        | Lancaster         | PA | 43  | 0 | 29 | 25 | 71.938 | 30 | 33 | M | Red Rose Track Club            |
| Hansell     | Stephanie   | North Wales       | PA | 489 | 0 | 46 | 50 | 49.557 | 30 | 34 | F | Ambler Area Running Club       |
| Harte       | Tim         | Coatesville       | PA | 51  | 0 | 29 | 50 | 84.700 | 55 | 57 | M | Greater Philadelphia TC        |
| Hellman     | Jerry       | Medford Lakes     | NJ | 523 | 0 | 47 | 56 | 60.991 | 70 | 72 | M | Pineland Striders              |
| Hellman     | Joanna      | Medford Lakes     | NJ | 753 | 0 | 58 | 7  | 57.356 | 65 | 69 | F | Pineland Striders              |
| Henderson   | Kate        | Philadelphia      | PA | 109 | 0 | 32 | 43 | 70.046 | 25 | 25 | F | Philadelphia Runner Track Club |
| Henry       | Natalia     | Philadelphia      | PA | 101 | 0 | 32 | 23 | 70.774 | 25 | 27 | F | Philadelphia Runner Track Club |
| Hodge       | Brenda      | Lancaster         | PA | 201 | 0 | 36 | 52 | 74.391 | 50 | 54 | F | Red Rose Track Club            |
| Hranilovich | Stephen     | Phoenixville      | PA | 162 | 0 | 35 | 26 | 74.598 | 60 | 62 | M | Greater Philadelphia TC        |
| Hudson      | Kevin       | Philadelphia      | PA | 25  | 0 | 28 | 7  | 74.926 | 25 | 26 | M | Philadelphia Runner Track Club |
| Iannotta    | Michael     | Marlton           | NJ | 18  | 0 | 27 | 28 | 76.699 | 25 | 25 | M | South Jersey Distance Project  |
| Isaac       | Paul        | Folcroft          | PA | 821 | 1 | 7  | 50 | 38.967 | 60 | 62 | M | Philadelphia Masters           |
| Jones       | Anne        | New Hope          | PA | 195 | 0 | 36 | 38 | 76.682 | 55 | 56 | F |                                |
| Jones       | Brynn       | Blue Bell         | PA | 389 | 0 | 43 | 23 | 57.373 | *  | 14 | F | AOC Ambler Track Club          |
| Kalaus      | Connor      | Perkasie          | PA | 125 | 0 | 33 | 26 | 70.121 | *  | 13 | M | AOC Ambler Track Club          |
| Kandil      | Souhail     | Philadelphia      | PA | 4   | 0 | 26 | 1  | 81.144 | 30 | 32 | M | Philadelphia Runner Track Club |
| Kaucher     | Michael     | Philadelphia      | PA | 154 | 0 | 35 | 2  | 67.376 | 45 | 49 | M | South Jersey Distance Project  |
| Krall       | Max         | Philadelphia      | PA | 24  | 0 | 28 | 4  | 75.217 | 30 | 32 | M | Philadelphia Runner Track Club |
| Kulp        | Tyler       | Warwick           | PA | 204 | 0 | 36 | 57 | 75.746 | *  | 9  | M | AOC Ambler Track Club          |
| KUTCHER     | HOWARD R    | Wilmington        | DE | 360 | 0 | 42 | 29 | 60.547 | 55 | 59 | M | Pike Creek Valley Running Club |
| Lawrence    | Charlene    | Drexel Hill       | PA | 797 | 1 | 3  | 19 | 47.837 | 60 | 62 | F |                                |
| Lippincott  | Jennifer    | Philadelphia      | PA | 317 | 0 | 40 | 59 | 63.197 | 45 | 49 | F | Greater Philadelphia TC        |
| Lippincott  | Jennifer    | Philadelphia      | PA | 317 | 0 | 40 | 59 | 63.197 | 45 | 49 | F | Greater Philadelphia TC        |
| Lombardi    | James       | Oreland           | PA | 483 | 0 | 46 | 33 | 55.258 | 55 | 59 | M | Ambler Area Running Club       |
| Longshore   | Kristine    | Doylestown        | PA | 843 | 1 | 30 | 4  | 31.961 | 55 | 58 | F | Philadelphia Masters           |
| Manavi      | Anneliese   | Willow Grove      | PA | 187 | 0 | 36 | 19 | 73.537 | *  | 11 | F | AOC Ambler Track Club          |
| Mason       | Robert      | Wilmington        | DE | 178 | 0 | 36 | 3  | 79.226 | 70 | 70 | M | Pike Creek Valley Running Club |
| Mateer      | Christopher | Philadelphia      | PA | 14  | 0 | 26 | 52 | 79.348 | 35 | 35 | M | Philadelphia Runner Track Club |
| Matthews    | John        | Lancaster         | PA | 35  | 0 | 29 | 4  | 72.528 | 30 | 31 | M | Red Rose Track Club            |
| Matuszak    | Paul        | Huntingdon Valley | PA | 2   | 0 | 25 | 17 | 86.300 | 35 | 39 | M | Philadelphia Runner Track Club |
| McDonnell   | Joseph      | Moorestown        | NJ | 68  | 0 | 30 | 30 | 71.539 | 35 | 39 | M |                                |

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|           |          |                 |    |     |   |    |    |        |    |    |   |                                |
|-----------|----------|-----------------|----|-----|---|----|----|--------|----|----|---|--------------------------------|
| McElroy   | Meaghan  | Mt Laurel       | NJ | 276 | 0 | 39 | 31 | 64.832 | 45 | 48 | F | Pineland Striders              |
| McGowan   | Karen    | Medford         | NJ | 285 | 0 | 39 | 54 | 82.356 | 65 | 68 | F | Pineland Striders              |
| McHugh    | Siobhan  | Line Lexington  | PA | 191 | 0 | 36 | 28 | 75.207 | 50 | 54 | F | Greater Philadelphia TC        |
| Morrison  | Don      | West Brandywine | PA | 334 | 0 | 41 | 40 | 73.244 | 75 | 75 | M | Greater Philadelphia TC        |
| Moura     | Fernando | Douglassville   | PA | 216 | 0 | 37 | 25 | 81.563 | 75 | 75 | M | Greater Philadelphia TC        |
| Myers     | Luke     | Philadelphia    | PA | 13  | 0 | 26 | 50 | 78.509 | 25 | 28 | M | Philadelphia Runner Track Club |
| Neubauer  | Diane    | Ambler          | PA | 22  | 0 | 27 | 56 | 84.144 | 35 | 37 | F |                                |
| Nichols   | Rebecca  | Philadelphia    | PA | 105 | 0 | 32 | 31 | 71.644 | 35 | 35 | F | Philadelphia Runner Track Club |
| Norton    | Joseph   | Haddonfield     | NJ | 17  | 0 | 27 | 22 | 80.929 | 40 | 41 | M | South Jersey Distance Project  |
| Oâ€™Toole | Rebecca  | Glenmoore       | PA | 373 | 0 | 42 | 54 | 57.969 | 45 | 45 | F |                                |
| Olmstead  | Betty    | Wilmington      | DE | 844 | 1 | 30 | 7  | 44.520 | 80 | 80 | F | Pike Creek Valley Running Club |
| O'Malley  | Violet   | Ambler          | PA | 273 | 0 | 39 | 27 | 71.912 | *  | 9  | F | AOC Ambler Track Club          |
| Owczarek  | Nina     | Wilmington      | DE | 326 | 0 | 41 | 27 | 61.808 | 45 | 48 | F | Pike Creek Valley Running Club |
| Padilla   | Michael  | Phoenixville    | PA | 21  | 0 | 27 | 53 | 86.071 | 50 | 51 | M | Greater Philadelphia TC        |
| Pandolfo  | James    | Medford Lakes   | NJ | 206 | 0 | 37 | 1  | 57.347 | 30 | 34 | M | South Jersey Distance Project  |
| Pellechio | Thomas   | Doylestown      | PA | 534 | 0 | 48 | 8  | 59.337 | 70 | 70 | M | Greater Philadelphia TC        |
| Price     | Robert   | Ambler          | PA | 240 | 0 | 38 | 11 | 65.031 | 55 | 55 | M | Ambler Area Running Club       |
| Prizer    | Kent     | Collegeville    | PA | 652 | 0 | 51 | 48 | 58.915 | 75 | 75 | M | Philadelphia Masters           |
| Rebbechi  | Donovan  | Penn Valley     | PA | 103 | 0 | 32 | 28 | 74.549 | 50 | 52 | M | Greater Philadelphia TC        |
| Regan     | Cecelia  | Glenside        | PA | 343 | 0 | 41 | 57 | 66.160 | 55 | 55 | F | Greater Philadelphia TC        |
| Reilly    | Philip   | Philadelphia    | PA | 253 | 0 | 38 | 39 | 73.133 | 65 | 69 | M | Greater Philadelphia TC        |
| Reynolds  | Robert   | Wyndmoor        | PA | 212 | 0 | 37 | 12 | 75.217 | 65 | 68 | M | Greater Philadelphia TC        |
| Rose      | William  | Hockessin       | DE | 136 | 0 | 34 | 9  | 80.366 | 65 | 66 | M | Pike Creek Valley Running Club |
| Sangree   | Annabel  | PHILADELPHIA    | PA | 83  | 0 | 31 | 25 | 73.039 | 25 | 29 | F | Philadelphia Runner Track Club |
| Sawyer    | Steve    | Philadelphia    | PA | 545 | 0 | 48 | 28 | 62.006 | 70 | 74 | M | Greater Philadelphia TC        |
| Schuler   | Tim      | Lititz          | PA | 135 | 0 | 34 | 0  | 77.743 | 60 | 62 | M | Red Rose Track Club            |
| Seykora   | Maria    | Broomall        | PA | 31  | 0 | 28 | 28 | 80.867 | 30 | 31 | F | Philadelphia Runner Track Club |
| Shah      | Megan    | Maple Glen      | PA | 620 | 0 | 50 | 33 | 47.968 | 40 | 42 | F | Greater Philadelphia TC        |
| Shoemaker | Jacob    | Haddon Township | NJ | 19  | 0 | 27 | 39 | 80.099 | 40 | 41 | M | South Jersey Distance Project  |
| Siegel    | Lauren   | Elkins Park     | PA | 411 | 0 | 44 | 19 | 72.112 | 65 | 66 | F | Greater Philadelphia TC        |
| Summers   | Jan      | Mullica Hill    | NJ | 401 | 0 | 43 | 55 | 70.813 | 60 | 64 | F | Pineland Striders              |

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|                |           |                 |    |     |   |    |    |        |    |    |   |   |
|----------------|-----------|-----------------|----|-----|---|----|----|--------|----|----|---|---|
| Swierzbinski   | Elizabeth | Wilmington      | DE | 58  | 0 | 30 | 8  | 78.411 | 35 | 38 | F | Pike Creek Valley Running Club  |
| Tampio         | Sarah]    | Philadelphia    | PA | 259 | 0 | 38 | 44 | 62.148 | 40 | 41 | F | Philadelphia Runner Track Club  |
| Van Hoogenstyn | Andrew    | Wilmington      | DE | 28  | 0 | 28 | 13 | 79.098 | 40 | 42 | M |   |
| Vannais        | Rory      | Medford Lakes   | NJ | 112 | 0 | 32 | 54 | 66.320 | 35 | 39 | M | South Jersey Distance Project   |
| Vido           | Margaret  | Lafayette Hill  | PA | 33  | 0 | 28 | 42 | 81.172 | 35 | 35 | F |   |
| Webb           | David     | Clifton Heights | PA | 220 | 0 | 37 | 31 | 64.514 | 50 | 52 | M | Greater Philadelphia TC   |
| Wenger         | Mark      | Swarthmore      | PA | 111 | 0 | 32 | 51 | 79.007 | 60 | 60 | M | Greater Philadelphia TC   |
| Wickens        | Mark      | WILMINGTON      | DE | 310 | 0 | 40 | 51 | 65.304 | 60 | 63 | M | Pike Creek Valley Running Club  |
| Wise           | Rachel    | North Wales     | PA | 192 | 0 | 36 | 29 | 65.133 | 35 | 39 | F | Greater Philadelphia TC   |
| Wise           | Thomas    | North Wales     | PA | 621 | 0 | 50 | 34 | 60.352 | 75 | 75 | M | Greater Philadelphia TC   |
| Wolf           | Ann       | Marlton         | NJ | 460 | 0 | 45 | 55 | 72.595 | 65 | 69 | F | Pineland Striders   |
|                |           |                 |    |     |   |    |    |        |    |    |   | *Age group scoring begins at age 15 based on Grand Prix Scoring rules |