

## Individual Results

## Valley Forge Revolutionary 5 Mile Run

Last Name	First Name	City	State	Place	HH	MM	SS	AP%	AG	AGE	G	Club
Abdelhamid	Omar	Cherry Hill	NJ	12	0	29	36	77.209	45	45	M	South Jersey Distance Project
Albans	Brian	Kennett Square	PA	26	0	32	32	73.769	50	51	M	Pike Creek Valley Running Club
Aloyo	Vincent	blue bell	PA	506	0	51	32	63.805	75	79	M	Greater Philadelphia TC
Anderson	Chris	Wilmington	DE	20	0	30	42	78.174	50	51	M	Pike Creek Valley Running Club
Armstrong	Scott	Pottstown	PA	57	0	35	32	75.075	60	63	M	Greater Philadelphia TC
Boggs	Julian	Philadelphia	PA	2	0	26	40	81.823	35	39	M	Philadelphia Runner Track Club
Boland	Robert	Warrington	PA	54	0	35	3	81.487	70	70	M	Greater Philadelphia TC
Briscoe	Arabella	Berwyn	PA	298	0	45	44	58.396	*	11	F	Delco Ravens Track & Field
Briscoe	Glenn	Berwyn	PA	299	0	45	45	49.954	45	45	M	
Broadbent	Anabelle	Perkasie	PA	96	0	37	46	76.221	55	58	F	Greater Philadelphia TC
Brynko	Barbara	Marlton	NJ	722	0	57	53	60.178	70	72	F	Pineland Striders
Chau	Jocelyn	Philadelphia	PA	23	0	31	43	72.254	25	25	F	Liberty Track Club
Cohen	Howard	Maple Glen	PA	274	0	44	52	61.757	65	67	M	Ambler Area Running Club
Delfidio	Susan	Ambler	PA	51	0	34	51	73.514	45	48	F	Greater Philadelphia TC
Dietrick	Kimberly	Malvern	PA	76	0	36	58	72.489	50	52	F	Greater Philadelphia TC
Ellis	Branwen	Pemberton	NJ	830	1	3	32	41.223	50	50	F	Pineland Striders
Emmons	Allison	Wilmington	DE	15	0	29	46	85.182	45	47	F	Pike Creek Valley Running Club
Fanelli	Lorena	Phoenixville	PA	93	0	37	37	70.413	50	51	F	Greater Philadelphia TC
Foster	Kurt	mount laurel	NJ	77	0	37	2	63.220	45	48	M	Pineland Striders
Goldblum	Ryan	Lansdale	PA	31	0	32	54	71.745	45	49	M	Ambler Area Running Club
Gurka	Mary Ann	Berlin	NJ	237	0	43	48	80.730	70	73	F	Pineland Striders
Hansell	Stephanie	North Wales	PA	251	0	44	16	52.430	30	34	F	Ambler Area Running Club
Harte	Tim	Coatesville	PA	10	0	29	6	87.602	55	58	M	Greater Philadelphia TC
Hayman	Lindsay	Newark	DE	9	0	29	4	79.590	30	33	F	Pike Creek Valley Running Club
Hellman	Jerry	Medford Lakes	NJ	346	0	47	3	62.136	70	72	M	Pineland Striders
Hellman	Joanna	Medford Lakes	NJ	703	0	57	6	58.377	65	69	F	Pineland Striders
Henry	Timothy	Philadelphia	PA	91	0	37	35	58.056	35	39	M	South Jersey Distance Project
Jennings	Thomas	Ft Washington	PA	292	0	45	40	77.311	80	82	M	Greater Philadelphia TC
Kannan	Kartik	Yardley	PA	3	0	26	41	78.951	20	24	M	Philadelphia Runner Track Club

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Lambert	Joseph	Cherry Hill	NJ	32	0	33	1	65.248	35	37	M	South Jersey Distance Project
Lawrence	Charlene	Drexel Hill	PA	761	0	59	39	50.778	60	62	F	
Lippincott	Jennifer	Philadelphia	PA	136	0	39	50	65.022	45	49	F	Greater Philadelphia TC
Lombardi	James	Oreland	PA	309	0	46	12	55.676	55	59	M	Ambler Area Running Club
Longshore	Kristine	Doylestown	PA	919	1	28	3	32.693	55	58	F	Philadelphia Masters
MacFarlane	Colin	Collingswood	NJ	6	0	27	41	78.299	35	38	M	South Jersey Distance Project
McElroy	Meaghan	Mt Laurel	NJ	127	0	39	20	65.848	45	49	F	Pineland Striders
McGowan	Karen	Medford	NJ	137	0	39	51	83.647	65	69	F	Pineland Striders
McHugh	Siobhan	Line Lexington	PA	79	0	37	4	73.989	50	54	F	Greater Philadelphia TC
Morrison	Don	West Brandywine	PA	102	0	38	1	81.636	75	76	M	Greater Philadelphia TC
Moura	Fernando	Douglassville	PA	103	0	38	3	80.205	75	75	M	Greater Philadelphia TC
Mroz	Denise	Haddon Heights	NJ	230	0	43	35	64.454	55	56	F	Pineland Striders
Olmstead	Betty	Wilmington	DE	920	1	28	22	45.402	80	80	F	Pike Creek Valley Running Club
O'Rourke	Patrick	Downingtwn	PA	25	0	32	20	78.151	55	57	M	Greater Philadelphia TC
Painter	Jeffrey	media	PA	90	0	37	33	73.791	65	67	M	Pike Creek Valley Running Club
Pandolfo	James	Philadelphia	PA	62	0	35	52	59.186	30	34	M	South Jersey Distance Project
Pelerin	Marc	Philadelphia	PA	13	0	29	40	74.654	40	41	M	South Jersey Distance Project
Pellechio	Thomas	Doylestown	PA	413	0	49	7	58.150	70	70	M	Greater Philadelphia TC
Racette	Paul	Oreland	PA	367	0	47	34	58.252	65	67	M	Ambler Area Running Club
Rebbechi	Donovan	Penn Valley	PA	47	0	34	35	69.986	50	52	M	Greater Philadelphia TC
Regan	Cecelia	Glenside	PA	170	0	41	13	67.337	55	55	F	Greater Philadelphia TC
Rose	William	Hockessin	DE	55	0	35	10	78.792	65	67	M	Pike Creek Valley Running Club
Scott	Brendon	MEDIA	PA	702	0	57	4	40.048	45	45	M	
Siegel	Lauren	Elkins Park	PA	296	0	45	42	69.929	65	66	F	Greater Philadelphia TC
Waniak	Stephen	Mount Laurel	NJ	84	0	37	10	58.320	35	38	M	Pineland Striders
Worthington	Catherine	Wayne	PA	58	0	35	35	65.470	35	35	F	
*Age group scoring begins at age 15 based on Grand Prix Scoring rules												